

Summer 5K Series
Saltram - Wednesday 12th April

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	594	Ashley Smith	City of Plymouth AC	M	16.57
2	593	Simon Yeo	Tamar Trotters	M	17.34
3	545	Alex Peyton Jones	Plymouth Harriers	M	17.41
4	592	Steve Fletcher	Plymouth Harriers	M	17.42
5	294	Jacob Pierpoint		M	17.49
6	259	Graham Bale	Plymstock RR	M	18.26
7	324	Gary Montford		M	18.33
8	300	Scott Anderson		M	18.38
9	513	Douglas Webb	Plymouth Harriers	M	18.49
10	548	James Gill	Storm Plymouth	M	19.02
11	543	Ami Yetton	Plymouth Harriers	F	19.07
12	265	Rob Williams	Plymouth Harriers	M	19.23
13	344	Justin Frost	Plymouth Musketeers	M	19.25
14	360	Nick Bristow	Erme Valley Harriers	M	19.32
15	335	Andy Charles	Tamar Trotters	M	19.35
16	354	Marcus Williams		M	19.37
17	292	Guy Peterson	Tamar Trotters	M	20.04
18	314	Mark Sowden		M	20.12
19	508	Justin Smith		M	20.14
20	330	Stephen Risdon	Plymouth Harriers	M	20.20
21	355	Tom Kerr	Plymouth Harriers	M	20.23
22	280	Stephen Mace	Storm Plymouth	M	20.24
23	520	Jack Childs	Storm Argyle Academy	M	20.43
24	298	Mark Bird	Devon Fire & Rescue RC	M	20.51
25	362	James Spencer	Roman Gladiators	M	20.52
26	268	Aaron Johns		M	20.56
27	307	Jack Arundel	Storm Plymouth	M	20.58
28	567	Adrian Berry		M	20.59
29	530	Matthew Walkey	Plymouth Harriers	M	21.05
30	509	Matt Chown	Plymstock RR	M	21.13
31	570	Brennan Drewitt	Plymouth Musketeers	M	21.19
32	264	Nichola Noble	Plymouth Harriers	F	21.30
33	555	Melvyn Griffiths		M	21.44
34	501	Michael Hockey	Plymouth Musketeers	M	21.51
35	304	Dean Barrett	Tamar Trotters	M	22.07
36	529	Richard Atkinson		M	22.09
37	561	Michael Cork	Plymouth Coasters	M	22.12
38	358	James Payne	Roman Gladiators	M	22.16
39	270	Kris Jones	Plymouth Musketeers	M	22.19
40	299	Mark Bettey		M	22.23
41	581	David Church	Erme Valley Harriers	M	22.24
42	590	James Scantlebury	Erme Valley Harriers	M	22.31
43	279	Daniel Oak	Plymstock RR	M	22.31
44	283	Matthew Golding	City of Plymouth AC	M	22.32
45	356	Glenn Wood	East Cornwall Harriers	M	22.35

46	266	Gary Johns		M	22.55
47	352	Jon Glanville		M	23.02
48	350	Kieran Woodward	Plymouth Musketeers	F	23.06
49	580	Kate Meddlcott	Erme Valley Harriers	F	23.07
50	588	Stephen Boxall		M	23.12
51	271	Garg Bishop	Plymouth Harriers	M	23.23
52	319	Sarah Robinson	Plymouth Musketeers	F	23.25
53	521	Sean Wolstenholme	Plymouth Harriers	M	23.26
54	537	Steven Laity	Plymouth Harriers	M	23.31
55	334	Ray Gilbey		M	23.35
56	528	Brendan Palmer	Storm Plymouth	M	23.38
57	569	Andy Bees	Plymouth Musketeers	M	23.57
58	527	Nathan Mason	Storm Argyle Academy	M	23.59
59	542	Chris Whipp	Plymouth Musketeers	M	24.07
60	546	John Taylor		M	24.16
61	285	Miranda Burke	Plymouth Harriers	F	24.18
62	380	Sam Martin	Plymouth Musketeers	F	24.23
63	267	Dan Criddle	Plymouth Musketeers	M	24.24
64	382	Gary Martin	Plymouth Musketeers	M	24.24
65	257	Brett Leacher	Plymouth Musketeers	M	24.27
66	534	Leigh Robinson	Plymouth Harriers	M	24.32
67	301	Chloe Hoatson	Plymouth Musketeers	F	24.41
68	364	Daniel Murdoch	Roman Gladiators	M	24.46
69	308	Chris Rollinson		M	24.49
70	591	Carl Mills	Instinctive Sports	M	24.55
71	293	Alan Hockings	Plymouth Musketeers	M	24.56
72	288	Dan Jones		M	24.57
73	571	Steve Davis	Plymouth Musketeers	M	24.57
74	589	Phil Bees	Plymouth Musketeers	M	25.01
75	512	Hayley Cozens	Plymouth Harriers	F	25.02
76	263	Adrian Ruffin	Storm Plymouth	M	25.05
77	538	Paul Elliott	Storm Plymouth	M	25.09
78	284	Laura Wills	Plymstock RR	F	25.22
79	359	Ben Bristow	Erme Valley Harriers	M	25.25
80	533	Dulcie Atkinson		F	25.32
81	276	Steve Veitch		M	25.34
82	532	Milly Atkinson		F	25.49
83	282	Jon Rowsell		M	25.49
84	290	Jack Tucker	Storm Argyle Academy	M	25.57
85	306	Scott Green	Plymstock RR	M	26.01
86	576	Linda Bracher	Erme Valley Harriers	F	26.08
87	554	Ryan Glade Richards		M	26.14
88	583	Pam Duncan		F	26.18
89	295	Liz Westlake	Plymstock RR	F	26.49
90	599	Lisa Light	Plymouth Musketeers	F	27.10
91	275	Kandas Dougouno		M	27.19
92	549	Alban Oliver		M	27.21
93	573	Evan Brumhead		M	27.26
94	322	Rachel Perry	Storm Plymouth	F	27.35
95	395	Justin Locke	Storm Plymouth	M	27.35

96	511	Alison Greaves	Bere Alston Trekkers	F	27.43
97	507	Rachel Scott	Plymouth Musketeers	F	27.45
98	351	Paul Paskins	Plymouth Harriers	M	27.51
99	323	Melanie Francis	Plymouth Musketeers	F	27.52
100	353	Rachel Snelling		F	27.52
101	336	Julie Cook	Plymouth Musketeers	F	28.02
102	277	Liz Gee	Plymouth Musketeers	F	28.03
103	278	Heather O'Connell	Plymouth Musketeers	F	28.09
104	321	Rebecca Goodall	Plymouth Musketeers	F	28.15
105	347	Donna Burke	Plymouth Musketeers	F	28.16
106	557	Robert Shaddick	Plymouth Musketeers	M	28.17
107	535	Sacha Baker		F	28.21
108	584	Janet Morgan	Plymouth Musketeers	F	28.44
109	563	Shannon Bays	Plymouth Coasters	F	28.48
110	544	Sonja Lincoln		F	28.51
111	392	Heather French	Bere Alston Trekkers	F	28.51
112	274	Barry Johns		M	29.05
113	547	Caroline Arscott		F	29.09
114	331	Joanne Ivison	Plymouth Harriers	F	29.11
115	297	Lisa Bowring		F	29.15
116	503	Claire Marks		F	29.16
117	273	Andrew Smith		M	29.24
118	357	Jessica Taylor	Roman Gladiators	F	29.34
119	519	Vic Hibbert	Plymouth Musketeers	M	29.35
120	568	Bryan Short	Storm Plymouth	M	29.39
121	597	Bryan King	Plymouth Musketeers	M	29.47
122	365	Alex Lea	Plymouth Musketeers	M	29.51
123	566	Laura Beattie	Plymouth Harriers	F	30.20
124	260	Dave Pitcher	Tamar Trotters	M	30.26
125	312	Nicola Wainwright	Plymstock RR	F	30.29
126	553	Chris French		M	30.31
127	339	Brenda Thorne	Instinctive Sports	F	30.36
128	258	Emily Doidge		F	30.37
129	572	Kelly Brumhead	Plymouth Musketeers	F	30.39
130	598	Louise King	Plymouth Musketeers	F	30.39
131	400	Charlotte Adderley	Erme Valley Harriers	F	30.41
132	397	Phil Adderley	Erme Valley Harriers	M	30.43
133	550	Cath Bassett	Plymouth Harriers	F	30.59
134	518	Lydia James-Atkins	Plymouth Harriers	F	31.09
135	377	Nichola Giblin		F	31.12
136	381	Laura Abell		F	31.12
137	504	Carole Stabb		F	31.37
138	286	Lauren Chapman		F	31.49
139	523	Chessie Ashworth	Plymouth Harriers	F	31.52
140	289	Katie Tucker	Storm Argyle Academy	F	31.56
141	291	Becky Tucker	Tamar Trotters	F	31.56
142	525	Lorraine Mennear	Plymouth Harriers	F	32.00
143	281	Craig Bradley		M	32.02
144	343	Gina Bewers		F	32.10
145	261	Clare Ainsworth	Tamar Trotters	F	32.10

146	342	Jess Hughes		F	32.14
147	346	Lisa Burnham	Plymouth Harriers	F	32.14
148	326	Jessicca Pettitt		F	32.32
149	366	Sebastian Lee		M	32.34
150	368	Jack Kellett		M	32.42
151	367	Stan Kellett	Plymouth Musketeers	M	32.42
152	296	Camille Harper	Storm Plymouth	F	32.51
153	396	Michael Godfrey	Storm Plymouth	M	32.52
154	302	Sean Gray	Plymouth Harriers	M	33.06
155	505	Carl Bray		M	33.22
156	287	Rose Chapman		F	33.37
157	526	Michelle Camm		F	33.44
158	305	Elizabeth Buckman	Plymouth Musketeers	F	33.47
159	378	Beth Morgan		F	33.47
160	338	Lai-Yin Wong	Plymouth Musketeers	F	34.01
161	541	Jackie Millard		F	34.03
162	340	Kathryn Weaver-Gore	Plymouth Musketeers	F	34.05
163	502	Hollie Baxter	Plymouth Harriers	F	34.23
164	370	Bevan Johnson	Plymouth Harriers	M	34.23
165	303	Emma Bowden		F	34.24
166	540	Keith Bowles	Tavistock AC	M	35.21
167	332	Suzanne Price		F	35.31
168	311	Ruth Graham	Storm Plymouth	F	35.47
169	384	Sophie Costas		F	36.06
170	345	Esther Clarke		F	36.12
171	313	Daz Williams	Plymouth Musketeers	M	36.19
172	269	Lynn Jones	Plymouth Musketeers	F	36.24
173	315	Paula Barbour		F	37.01
174	341	Logan Howell	Storm Argyle Academy	M	37.02
175	348	Lucy Howell	Plymouth Musketeers	F	37.02
176	376	Connie Land		F	37.03
177	316	Anna Kerswill	Plymouth Harriers	F	37.22
178	586	Sara Cooksley	Plymouth Harriers	F	37.23
179	272	Kevin Oliver	City of Plymouth AC	M	37.30
180	328	Kayleigh Osborne	Plymouth Harriers	F	37.34
181	587	Barrie Swift	Plymouth Harriers	M	37.34
182	556	Ryan Shaddick		M	37.41
183	562	Katie Horswell		F	37.52
184	560	Michelle Shaddick	Plymouth Musketeers	F	37.52
185	329	Sanadra Slaney	Plymouth Harriers	F	38.31
186	564	Elaine Hill	Plymouth Harriers	F	38.36
187	600	Simon Ashford	Moorhaven RC	M	38.38
188	510	Frances Charles	Plymouth Harriers	F	43.00
189	394	Clare Phillips	Storm Plymouth	F	43.00
190	262	Emily Smith	Plymouth Harriers	F	43.42
191	320	Amanda Brookshaw	Plymouth Harriers	F	49.08
192	337	Pat Tabenor	Plymouth Harriers	F	49.09
193	552	Jennifer McLaren	Plymouth Harriers	F	51.06
194	506	Leesa Pethick	Plymouth Harriers	F	51.07