

Summer 5K Series
Saltram - Wednesday 9th August

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	284	Ben Morrish		M	17.26
2	207	Edward Mole		M	17.43
3	354	Ross Perkins	Storm Plymouth	M	17.53
4	285	Gareth Smith		M	18.14
5	362	Pete Waumsley	Storm Plymouth	M	18.30
6	397	Gary Montford		M	18.43
7	566	Richard Clarke		M	18.45
8	300	Chris Chapman		M	18.54
9	226	RichardMaunder	Plymouth Tri Club	M	18.58
10	572	Douglas Webb	Plymouth Harriers	M	19.07
11	302	James Blight	Tamar Trotters	M	19.15
12	337	Mark Sowden	Tamar Trotters	M	19.16
13	286	Adrian Berry		M	19.16
14	330	Ricky Munt	Plymouth Musketeers	M	19.18
15	576	Nick Bristow	Erme Valley Harriers	M	19.21
16	299	Steve Brown		M	19.22
17	208	Chris Puertas	Plymouth Harriers	M	19.38
18	590	Oliver Woodmason	Tavistock AC	M	19.43
19	322	Jack Arundel	Storm Plymouth	M	19.44
20	234	Miriam Barber	Plymouth Harriers	F	19.46
21	347	Daniel Baugh	Storm Plymouth	M	19.48
22	530	Scott Mansfield	Plymouth Musketeers	M	19.49
23	367	Liam Hallows	Erme Valley Harriers	M	20.00
24	248	Jack Childs	Storm Argyle Academy	M	20.01
25	338	Martin Exley-Deane	Tavistock AC	M	20.02
26	210	Tom Fox		M	20.07
27	351	Micheal Tossell	Storm Plymouth	M	20.26
28	376	Rob Gaffney		M	20.30
29	236	Andrew Marshall	Plymouth Harriers	M	20.31
30	255	Damien Holloway	Instinctive Sports	M	20.34
31	548	Melvyn Griffiths		M	20.55
32	395	Liam Wiseman		M	20.57
33	509	Colin Divall		M	21.00
34	419	Guy Peterson	Tamar Trotters	M	21.15
35	294	Matthew Walkey	Plymouth Harriers	M	21.16
36	301	Charlotte Horseman-James		F	21.17
37	589	Mat Penry	Plymouth Musketeers	M	21.28
38	283	Paul Yates		M	21.29
39	392	Rob Jinman	Storm Plymouth	M	21.32
40	228	Daniel Oak	Plymstock RR	M	21.36
41	261	Issy Dunlop	Tavistock AC	F	21.37
42	544	Jon Soler		M	21.38
43	209	Chris Chapman		M	21.42
44	512	Pete Henderson	Storm Plymouth	M	21.44
45	296	Paul Whitmore	Storm Plymouth	M	21.45

46	312	Tom Eccles	Plymouth Harriers	M	21.58
47	345	Scott Allen	Storm Plymouth	M	21.59
48	518	Glenn Wood	East Cornwall Harriers	M	22.05
49	235	Zoe Chapman		F	22.11
50	567	Jon Stokes		M	22.26
51	263	Daniel Bignell	Storm Plymouth	M	22.27
52	230	Matthew Golding	City of Plymouth AC	M	22.28
53	365	Ken Summers	Erme Valley Harriers	M	22.30
54	262	Nick Clarke	Plymouth Coasters	M	22.41
55	278	Darren Hewlett		M	22.55
56	580	Andy Bees	Plymouth Musketeers	M	22.57
57	543	Aimar Kerejeta	Storm Plymouth	M	22.58
58	344	Adrian Ruffin	Storm Plymouth	M	23.01
59	364	Jon Glanville		M	23.02
60	304	John Doidge		M	23.06
61	562	Mike Merrin	Storm Plymouth	M	23.13
62	259	Tracey Oxborough	Tavistock AC	F	23.14
63	257	Jack Brown		M	23.19
64	513	Matthew Hugh		M	23.20
65	599	James Scantlebury	Erme Valley Harriers	M	23.21
66	267	Carl Mills	Instinctive Sports	M	23.22
67	537	Michael Godfrey	Storm Plymouth	M	23.26
68	534	Andrew Mumford	Storm Plymouth	M	23.27
69	370	Steve Harvey	Storm Plymouth	M	23.28
70	594	Paul Ginter	Tamar Trotters	M	23.29
71	266	Jamie Corson		M	23.30
72	303	Michael Todd	Storm Plymouth	M	23.34
73	275	Michael Dart		M	23.35
74	346	Mark Livermore	Erme Valley Harriers	M	23.43
75	329	Oli Jones		M	23.44
76	247	Michael Hockey	Plymouth Musketeers	M	23.46
77	213	Simon Grant		M	23.51
78	343	Brendan Palmer	Storm Plymouth	M	23.55
79	233	Chloe Hoatson	Plymouth Musketeers	F	23.59
80	366	Fred Jenkins	Instinctive Sports	M	24.02
81	571	Alan Hockings	Plymouth Musketeers	M	24.04
82	276	Giuseppe Angelone	Plymouth Harriers	M	24.12
83	510	Tabitha Divall		F	24.14
84	368	John Selwood	Plymouth Harriers	M	24.17
85	523	David Turton	Scrabo Striders	M	24.20
86	350	David Lloyd	Erme Valley Harriers	M	24.26
87	573	Ben Bristow	Erme Valley Harriers	M	24.33
88	563	Steve Harris	Erme Valley Harriers	M	24.34
89	249	Alex Jewell	Storm Argyle Academy	M	24.34
90	225	Andy Ash	Storm Plymouth	M	25.03
91	501	Anthony Shearer	Tavistock AC	M	25.06
92	396	Ellie Baptie		F	25.09
93	569	Linda Trebilcock	Plymouth Harriers	F	25.14
94	253	Laura Goodspeed		F	25.16
95	289	Steve Davis	Plymouth Musketeers	M	25.17

96	227	Phil Bees	Plymouth Musketeers	M	25.24
97	273	Andy May		M	25.25
98	218	Grace Baptie		F	25.27
99	297	Craig Smith	Plymouth Coasters	M	25.33
100	220	Jon Anderson	Plymouth Musketeers	M	25.44
101	519	Sarah Horton	Plymouth Coasters	F	25.52
102	398	David Matthams	Instinctive Sports	M	25.53
103	556	Irati Ortiz de Anda	Storm Plymouth	F	25.58
104	378	Steve Badge	Storm Plymouth	M	25.59
105	533	Justin Locke	Storm Plymouth	M	25.59
106	507	Georgie Farr	Storm Plymouth	F	26.00
107	264	Rog Pritchard	Plymouth Harriers	M	26.26
108	217	Thea Dominey		F	26.28
109	215	Denise Bettey	Instinctive Sports	F	26.30
110	231	Lisa Light	Plymouth Musketeers	F	26.37
111	265	Andrew Smith		M	26.39
112	246	Kate Rogers	Tavistock AC	F	26.45
113	258	Catherine Brown	Storm Plymouth	F	26.48
114	535	Helen Roberts	Tamar Trotters	F	26.54
115	564	Peter Wafer	Storm Plymouth	M	26.55
116	581	Mary Ostle	Plymouth Harriers	F	27.29
117	586	Suvi Rehell		F	27.30
118	270	Jonny Matthews	Storm Plymouth	M	27.32
119	201	Sharon Adams	Plymouth Musketeers	F	27.41
120	591	Robert Shaddick	Plymouth Musketeers	M	27.43
121	352	Rachel Snelling	Storm Argyle Academy	F	27.57
122	545	Javier Borrego	Storm Plymouth	M	28.16
123	274	Joanne Arnold	Plymouth Musketeers	F	28.19
124	271	Kelvin Coker	Storm Plymouth	M	28.20
125	219	Julia Proudfoot		F	28.24
126	315	Joey Batteson		M	28.25
127	311	Ben Batteson	Storm Plymouth	M	28.27
128	288	Charlotte Adderley	Erme Valley Harriers	F	28.29
129	287	Phil Adderley	Erme Valley Harriers	M	28.31
130	324	Chloe Bounsall	Storm Plymouth	F	28.36
131	272	Bryan Short	Storm Plymouth	M	28.41
132	211	Thomas Barker	Instinctive Sports	M	28.44
133	508	Susan Farr	Storm Plymouth	F	28.45
134	291	Louise Shalders	Plymouth Harriers	F	28.58
135	547	Lisa Burnham	Plymouth Harriers	F	28.59
136	541	Xabier Sueiro		M	29.00
137	542	Adrian Riveiro	Storm Plymouth	M	29.01
138	557	Lucia Pascual Rica	Storm Plymouth	F	29.06
139	555	Lucy Howell	Plymouth Musketeers	F	29.32
140	292	Liz Gee	Plymouth Musketeers	F	29.33
141	293	Heather O'Connell	Plymouth Musketeers	F	29.33
142	212	Dean Rockey	Storm Plymouth	M	29.52
143	216	Vic Hibbert	Plymouth Musketeers	M	30.01
144	336	Rachel Scott	Plymouth Musketeers	F	30.19
145	224	Callum Goss		M	30.22

146	203	Jan Horrell		F	30.24
147	600	Rachel Lynn	Plymouth Musketeers	F	30.26
148	279	Stuart Queen	Plymouth Musketeers	M	30.27
149	511	Marc Haddy	Storm Plymouth	M	30.43
150	423	Lucy John		F	30.47
151	422	Natalie Gloyn		F	30.48
152	340	Geoffrey Honey	Plymouth Harriers	M	30.49
153	240	Vicki Dunn	Plymouth Musketeers	F	30.53
154	239	Bryan King	Plymouth Musketeers	M	30.53
155	238	Kelly Brumhead	Plymouth Musketeers	F	30.58
156	592	Michelle Shaddick	Plymouth Musketeers	F	30.58
157	245	Isla Brumhead	Plymouth Musketeers	F	30.59
158	356	Leanne Savage	Storm Plymouth	F	31.00
159	355	Nadine Robertshaw	Storm Plymouth	F	31.00
160	204	Rob Clark	Tamar Trotters	M	31.08
161	281	Cristy Dean		F	31.18
162	503	Jayne Davies		F	31.18
163	504	Neil Frost		M	31.19
164	360	Karen Albiston	Storm Plymouth	F	31.37
165	358	Mark Albiston	Storm Plymouth	M	31.37
166	597	Shontelle Jones	Storm Plymouth	F	32.03
167	502	Dene Medland	Tavistock AC	F	32.05
168	561	Samantha Ainsworth	Storm Plymouth	F	32.05
169	290	Craig Bradley		M	32.18
170	584	Daniela Sardu	Storm Plymouth	F	32.19
171	223	Siana Wafer	Storm Plymouth	F	32.19
172	318	Josh Batteson		M	32.29
173	313	Jamie Batteson	Storm Plymouth	F	32.29
174	381	Paul Suaplott		M	32.32
175	528	Kevin Oliver	Storm Plymouth	M	32.53
176	353	Zoe Millar	Storm Plymouth	F	32.54
177	384	Ruth Wharton	Storm Plymouth	F	32.55
178	316	Oliver Batteson		M	32.56
179	587	Richard Wood	Storm Plymouth	M	32.58
180	529	Guy Sanders	Storm Argyle Academy	M	33.03
181	308	Mike Couch	Storm Plymouth	M	33.14
182	394	Peter Backaller	Storm Plymouth	M	33.17
183	560	Gemma Busfield		F	33.41
184	505	James Farr	Storm Plymouth	M	33.42
185	588	Roxanne Downs		F	33.44
186	222	Maria Addelree		F	33.45
187	251	Emma Bowden		F	33.46
188	331	Clare White	Storm Plymouth	F	34.03
189	593	Vicki McAteer	Storm Plymouth	F	34.09
190	550	Sandra Slaney	Plymouth Harriers	F	34.19
191	332	Tracey Garland	Storm Plymouth	F	35.20
192	269	Tessa Marriott	Storm Plymouth	F	35.21
193	229	Claire Blake	Storm Plymouth	F	35.21
194	260	Arabella Lloyd		F	36.42
195	268	Ruth Graham	Storm Plymouth	F	36.42

196	254	Simon Ashford	Moorhaven RC	M	36.47
197	380	Sam Suaplott		M	37.00
198	221	Melissa Burnett	Storm Plymouth	F	37.07
199	237	Neil Brownridge	Storm Plymouth	M	37.07
200	242	Jenny Treleaven	Storm Plymouth	F	37.13
201	241	Siwan Tyack	Storm Plymouth	F	37.17
202	202	Debbie Crotty	Storm Plymouth	F	37.24
203	570	Lauren Howell	Storm Argyle Academy	F	37.31
204	335	Philippa Waller	Storm Plymouth	F	38.08
205	552	Kayleigh Osborne	Plymouth Harriers	F	38.14
206	306	Clare Stewart		F	38.23
207	214	Emma Blight		F	38.23
208	277	Damon Bruce	Storm Plymouth	M	38.57
209	244	Kate Stickley		F	39.20
210	243	Hannah Goodwin	Storm Plymouth	F	39.20
211	205	Joanne Allan	Storm Plymouth	F	40.17
212	598	Wendy Coker	Storm Plymouth	F	40.50
213	256	Emily Smith	Plymouth Harriers	F	42.10
214	421	Elizabeth Goult	Storm Plymouth	F	42.18
215	377	Jo Leigh	Storm Plymouth	F	42.19
216	527	Andrea Evans	Storm Plymouth	F	42.19
217	521	Claire Kean	Storm Plymouth	F	42.22
218	420	Jackie Goult	Storm Plymouth	F	42.23
219	538	Becki Lane	Storm Plymouth	F	42.24
220	307	Debbie Couch	Storm Plymouth	F	42.24
221	232	Frances Charles	Plymouth Harriers	F	44.01
222	339	Christine McGhee	Plymouth Harriers	F	44.02
223	549	Amanda Brookshaw	Plymouth Harriers	F	44.03
224	400	Pat Tabenor	Plymouth Harriers	F	44.06
225	520	Dawn Green	Storm Plymouth	F	44.07
226	382	Kelly Herdman	Storm Plymouth	F	44.08
227	206	Janet Brook	Storm Plymouth	F	44.09
228	319	Sarah Davis	Storm Plymouth	F	44.10
229	321	Matthew Powell	Storm Plymouth	M	44.10
230	341	Cathryn Bonney	Storm Plymouth	F	52.06
231	342	Paige Bonney	Storm Plymouth	F	52.06