

Summer 5K Series
Saltram - Wednesday 13th September

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	351	Matt Muscott		M	17.06
2	505	Ross Perkins	Storm Plymouth	M	17.29
3	346	Steve Fletcher	Plymouth Harriers	M	17.30
4	555	Alex Peyton Jones	Plymouth Harriers	M	17.50
5	238	Graham Bale	Plymstock RR	M	18.18
6	352	Bradley Stevens	Tavistock AC	M	18.19
7	213	Jacob Pierpoint		M	18.25
8	564	Simon Yeo	Tamar Trotters	M	18.26
9	561	Sam Yearling	Erme Valley Harriers	M	18.32
10	590	Chris Chapman		M	18.46
11	347	Nick Bristow	Erme Valley Harriers	M	19.05
12	202	Adrian Berry	Tamar Trotters	M	19.09
13	511	Steve Brown		M	19.11
14	584	Tom Fox	Plymouth Harriers	M	19.13
15	587	Robin Sanderson	Herne Hill Harriers	M	19.14
16	313	Ben Farrer	Tamar Trotters	M	19.16
17	321	Andy Charles	Plymouth Harriers	M	19.38
18	331	Alex Lea	Plymouth Musketeers	M	19.46
19	362	Scott Mansfield	Plymouth Musketeers	M	19.49
20	519	Jack Childs	Storm Argyle Academy	M	20.03
21	533	Lee Herbert	Plymouth Musketeers	M	20.05
22	527	Damien Holloway	Instinctive Sports	M	20.08
23	576	Dan Mavin		M	20.17
24	384	Liam Hallows	Erme Valley Harriers	M	20.18
25	344	Jack Arundel	Storm Plymouth	M	20.29
26	501	Tom Kerr	Plymouth Harriers	M	20.41
27	232	Guy Peterson	Tamar Trotters	M	20.44
28	507	Andrew Marshall	Plymouth Harriers	M	20.47
29	597	Colin Divall		M	20.49
30	503	Matthew Walkey	Plymouth Harriers	M	20.56
31	544	Justin Smith		M	21.05
32	400	Jamie Frost	Erme Valley Harriers	M	21.23
33	335	Richard Taylor	Plymouth Harriers	M	21.42
34	513	Tilly McDowell	Tavistock AC	F	21.51
35	537	James Scantlebury	Erme Valley Harriers	M	22.04
36	241	Chris Weatherick	Plymouth Harriers	M	22.09
37	392	David Shalders	Plymouth Harriers	M	22.19
38	573	Michael Cork	Plymouth Coasters	M	22.22
39	201	Dan Criddle	Plymouth Musketeers	M	22.24
40	589	Andy Bees	Plymouth Musketeers	M	22.25
41	569	Alex Ruffin	Storm Argyle Academy	M	22.32
42	571	Carl Mills	Instinctive Sports	M	22.44
43	592	Zoe Chapman		F	22.51
44	233	Alex Jewell	Storm Argyle Academy	M	22.55
45	396	Brendan Palmer	Storm Plymouth	M	22.57

46	521	Ray Gilbey		M	23.00
47	600	Matthew Golding	City of Plymouth AC	M	23.02
48	528	Jack Gould		M	23.03
49	330	Jim Andrews	Plymouth Musketeers	M	23.18
50	599	Josh Divall		M	23.26
51	598	Tabitha Divall		F	23.36
52	221	Oli Jones		M	23.41
53	240	Anna Bale		F	23.41
54	345	Ben Bristow	Erme Valley Harriers	M	23.46
55	322	Fred Jenkins	Instinctive Sports	M	23.54
56	204	Chloe Hoatson	Plymouth Musketeers	F	24.06
57	208	Gary Bishop	Plymouth Harriers	M	24.24
58	203	Simon Fewings		M	24.31
59	368	David Bennett	Plymouth Musketeers	M	24.45
60	354	James Newman	Plymouth Harriers	M	25.25
61	593	Becky Lee	Erme Valley Harriers	F	25.36
62	216	Stephen Williams		M	25.39
63	220	Dan Jones		M	25.49
64	581	Phil Bees	Plymouth Musketeers	M	25.51
65	398	Lisa Burnham	Plymouth Harriers	F	25.53
66	395	Kellie Boylin	Plymouth Harriers	F	25.54
67	547	Rob Pritchard	Plymouth Harriers	M	25.55
68	319	Chris Hill	Plymouth Harriers	M	26.08
69	563	Jon Rowsell		M	26.11
70	219	Maggie Lamerton	Plymouth Musketeers	F	26.18
71	572	Michael Ortan		M	26.23
72	583	Mark Chatterton		M	26.25
73	552	Lynsey Williams	Plymouth Harriers	F	26.33
74	230	Mike Pote		M	26.40
75	236	Liz Westlake	Plymstock RR	F	26.46
76	212	Robert Shaddick	Plymouth Musketeers	M	26.47
77	523	Simon Graham		M	26.50
78	556	Alan Smith		M	26.56
79	215	Joey Batterson		M	26.57
80	214	Ben Batterson	Storm Plymouth	M	26.58
81	338	Paul Paskins	Plymouth Harriers	M	27.15
82	529	Liza Jarvis		F	27.20
83	350	Rodney Hillebrandt	Plymouth Musketeers	M	27.28
84	378	Katie Durrell	Plymouth Coasters	F	27.52
85	239	Ella Macdonald	Storm Argyle Academy	F	27.55
86	244	Xander Harvey	Storm Argyle Academy	M	27.57
87	567	Andrew Smith	Plymouth Harriers	M	28.03
88	356	Ruth Terry	Erme Valley Harriers	F	28.13
89	530	Julie Cook	Plymouth Musketeers	F	28.21
90	534	Bryan Short	Storm Plymouth	M	28.32
91	217	Lisa Light	Plymouth Musketeers	F	28.36
92	509	Lesley Thompson	Plymouth Musketeers	F	28.42
93	229	Joanne Arnold	Plymouth Musketeers	F	28.50
94	394	Louise Shalders	Plymouth Harriers	F	28.54
95	355	Sharon Terry	Erme Valley Harriers	F	29.01

96	358	Laura Beattie	Plymouth Harriers	F	29.12
97	340	Geoffrey Honey	Plymouth Harriers	M	29.21
98	225	Jack Tucker	Storm Argyle Academy	M	29.24
99	548	Charlotte Adderley	Erme Valley Harriers	F	29.27
100	512	Sarah Tregear		F	29.31
101	550	Phil Adderley	Erme Valley Harriers	M	29.32
102	218	Vic Hibbert	Plymouth Musketeers	M	29.33
103	209	Alison James	Plymouth Musketeers	F	30.04
104	211	Michelle Shaddick	Plymouth Musketeers	F	30.04
105	206	Mark Rescorl	Tamar Trotters	M	30.15
106	243	Louise Cusack	Plymstock RR	F	30.40
107	242	Louise King	Plymouth Musketeers	F	30.41
108	367	Phil Warren	Erme Valley Harriers	M	30.43
109	508	Nicola Horrell	Plymouth Musketeers	F	31.00
110	227	Lucy Howell	Plymouth Musketeers	F	31.13
111	210	Rachel Scott	Plymouth Musketeers	F	31.35
112	549	Sarah Mytton		F	31.47
113	370	Sarah Watmore		F	32.12
114	591	Olivia Gates	Storm Argyle Academy	F	32.30
115	228	Lauren Howell	Storm Argyle Academy	F	32.40
116	311	Daz Williams	Plymouth Musketeers	M	34.05
117	588	Beth Dale	Storm Plymouth	F	34.17
118	380	Stephen Maltby		M	34.18
119	594	Christine Elchstedk		F	34.51
120	205	Heide Bishop	Plymouth Harriers	F	34.53
121	231	Rachel Kilpatrick	Plymouth Harriers	F	35.04
122	377	Kathryn Weaver-Gore	Plymouth Musketeers	F	35.27
123	366	Michelle Pearse	Plymouth Harriers	F	35.38
124	364	Terry Bartlett	Plymouth Harriers	M	35.38
125	353	Abigail Newman	Plymouth Harriers	F	36.46
126	545	Amy Clements-Jones		F	36.48
127	223	Emma Blight		F	36.48
128	510	Clare Stewart		F	36.49
129	560	Lynn Jones	Plymouth Musketeers	F	36.57
130	570	Michelle Cartlidge	Plymouth Harriers	F	37.27
131	541	Ruth Graham	Storm Plymouth	F	37.45
132	360	Kayleigh Osborne	Plymouth Harriers	F	37.56
133	562	Euten Lindsay		M	37.56
134	518	Yvonne Colley		F	38.35
135	520	Deborah Cope		F	38.35
136	339	Simon Ashford	Moorhaven RC	M	38.42
137	381	Jennifer Oatway	Plymouth Harriers	F	39.15
138	538	Abbie Giovenco	Plymouth Harriers	F	39.15
139	318	Mel Pedrick	Plymouth Harriers	F	39.21
140	324	Karen Eccles	Plymouth Harriers	F	40.00
141	535	Lisa Parr	Plymouth Harriers	F	40.00
142	586	Frances Charles	Plymouth Harriers	F	43.07
143	580	Sara Cooksley	Plymouth Harriers	F	43.37
144	337	Clare Phillips	Plymouth Harriers	F	43.37
145	504	Michaela Slocombe	Plymouth Harriers	F	45.18

146	397	Ruth Dreyer	Plymouth Harriers	F	45.18
147	502	Davina Huyton	Plymouth Harriers	F	45.18
148	332	Brian Soole	Plymouth Harriers	M	45.19
149	566	Emily Smith	Plymouth Harriers	F	45.19
150	557	Jo Nieto	Plymouth Harriers	F	45.20
151	341	Phil Stallard	Plymouth Harriers	M	45.20
152	542	Mary Dyer	Plymouth Harriers	F	45.56
153	312	Jill Selwood	Plymouth Harriers	F	45.56
154	343	Celia Charlton	Plymouth Harriers	F	48.23
155	342	Nicola Salmon	Plymouth Harriers	F	48.24
156	382	Krissy Dudley	Plymouth Harriers	F	50.51
157	234	Leesa Pethick	Plymouth Harriers	F	50.56
158	316	Jessica McGrath	Plymouth Harriers	F	50.59
159	365	Pat Tabenor	Plymouth Harriers	F	51.00
160	222	Penny Hadfield-Bennett	Plymouth Harriers	F	51.00
161	237	Jennifer McLaren	Plymouth Harriers	F	53.24
162	315	Kathryn Hawken	Plymouth Harriers	F	53.25
163	543	Cath Bassett	Plymouth Harriers	F	53.25