

Armada Autumn Trail 2017

Results

<u>Pos</u>	<u>Num</u>	<u>Name</u>	<u>Surname</u>	<u>Club</u>	<u>Cat</u>	<u>Time</u>
1	406	Jack	Williams	City of Plymouth AC	SM	45:24
2	284	Ross	Perkins	Storm Plymouth	SM	46:28
3	438	Graham	Bale	Plymstock Road Runners	MV50	46:44
4	191	George	Prewett	Tamar Trotters	SM	47:41
5	268	Steve	Fletcher	Plymouth Harriers	SM	47:42
6	464	Edward	Porter		SM	49:02
7	407	Jamie	Williams	City of Plymouth AC	SM	49:39
8	463	Steve	Strachan	Falmouth Road Runners	MV40	50:01
9	487	Rebecca	Ezra	Tamar Trotters	SF	50:57
10	490	Sean	Childs	Royal Navy AC	MV45	51:29
11	190	Olly	Rees		SM	51:58
12	443	Tim	Vialls	South West Road Runners	MV50	52:07
13	353	Jack	Arundel	Storm Plymouth	SM	52:14
14	431	Neil	Holmes	Erme Valley Harriers	MV50	52:18
15	265	Justin	Frost	Plymouth Musketeers	MV40	52:27
16	277	Steve	Weeks	Torbay AC	MV40	52:30
17	294	Andrew	Marshall	Plymouth Harriers	MV55	52:46
18	234	Lloyd	Milbourn		SM	53:32
19	244	Daniel	Baugh	Storm Plymouth	SM	53:42
20	198	Lee	Herbert	Plymouth Musketeers	MV40	54:02
21	264	Rob	Jinman	Storm Plymouth	SM	54:08
22	315	Damien	Holloway	Instinctive Sports	MV40	54:23
23	453	Joanna	Hudson		SF	54:28
24	400	Russ	Mogridge	Erme Valley Harriers	MV55	54:50
25	296	Matthew	Ball		MV40	56:20
26	439	Dean	Harber	Plymouth Musketeers	MV45	56:21
27	474	Matthew	Walkey	Plymouth Harriers	SM	56:57
28	454	Simon	Woodhouse		MV40	57:25
29	472	Jennie	Kingdon	Plymouth Striders	FV50	57:30
30	194	Harrison	Roberts	Plymouth Harriers	SM	57:39
31	494	Mark	Ashurst	Plymouth Striders	MV45	57:49
32	392	Paula	Simson	City of Plymouth AC	FV40	57:53
33	425	Michael	Tossell	Storm Plymouth	SM	58:03
34	500	Steve	Bryant		SM	58:31
35	321	Dave	King		MV50	58:38
36	377	Ross	Sadler		SM	58:43
37	413	Darren	Munday	Storm Plymouth	MV40	58:45
38	396	Andrew	Ferguson	Truro RC	MV50	58:52
39	276	Adrian	Ruffin	Storm Plymouth	MV50	59:18
40	373	David	Shalders	Plymouth Harriers	SM	59:30
41	371	Ian	Sanders	Dartmouth AC	MV45	59:38
42	275	Tony	Westington		MV45	59:44
43	476	Guy	Boswell	Plymouth Musketeers	MV50	59:46
44	266	David	Church	Erme Valley Harriers	MV40	59:56
45	390	Paul	Gwynne	Mud Crew Trail Runners	MV50	1:00:05

46	482	Julian	Franklin	St Austell RC	MV55	1:00:15
47	340	Catherine	Shortman		FV50	1:00:24
48	332	Ken	Summers	Erme Valley Harriers	MV65	1:00:28
49	249	Rachael	Tarrant	Plymouth Musketeers	FV45	1:00:42
50	416	Gary	Pope	Plymstock Road Runners	MV45	1:00:57
51	363	Chris	Kelley	Instinctive Sports	MV50	1:01:02
52	491	Alicia	Regan	Plymouth Harriers	SF	1:01:04
53	308	Carl	Mills	Instinctive Sports	MV40	1:01:06
54	403	Robin	Bray	Plymouth Harriers	MV40	1:01:07
55	350	Paul	Ashton		MV50	1:01:12
56	479	Nicky	Putman		FV40	1:01:42
57	499	Dan	Criddle	Plymouth Musketeers	SM	1:01:47
58	380	Ben	Batteson	Storm Plymouth	SM	1:01:51
59	311	Zoe	Chapman		SF	1:01:57
60	450	Simon	Ryan	Tamar Trotters	MV40	1:02:01
61	298	Tim	Harris		SM	1:02:12
62	427	Gary	Bishop	Plymouth Harriers	MV40	1:02:39
63	437	Sara	Tapp		FV40	1:02:45
64	481	Philip	McMahon		SM	1:03:00
65	314	Andrew	Mumford	Storm Plymouth	SM	1:03:04
66	352	Andy	Bees	Plymouth Musketeers	SM	1:03:19
67	477	Sean	Friend		MV40	1:03:21
68	223	Simon	Ayres		SM	1:03:29
69	273	Derek	Hicks	Bere Alston Trekkers	MV60	1:03:40
70	226	Jon	Glanville		SM	1:03:42
71	241	John	Selwood	Plymouth Harriers	MV50	1:03:48
72	398	Oliver	Jones		SM	1:03:56
73	291	David	Matthams		MV50	1:03:57
74	286	Richard	Atkinson		MV45	1:03:59
75	449	Gavin	Forbes	Teignbridge Trotters N/A	MV40	1:04:01
76	447	Kevin	Sampson	Teignbridge Trotters	SM	1:04:01
77	414	Vicky	Saunders	Mud Crew Trail Runners	FV45	1:04:12
78	484	Iain	Perring	Plymouth Musketeers	MV50	1:04:17
79	224	Jim	Andrews	Plymouth Musketeers	MV55	1:04:20
80	419	Stuart	Ivison	Plymouth Harriers	MV45	1:04:21
81	254	Paul	Whitmore	Storm Plymouth	SM	1:04:21
82	429	Laurence	Sargeant	Bere Alston Trekkers	MV65	1:04:24
83	360	Martin	Head	Bere Alston Trekkers	MV45	1:04:25
84	485	David	Gale		MV50	1:04:38
85	231	Sean	Osborne		MV45	1:04:47
86	385	Daniel	Case		SM	1:04:50
87	404	Cheryl	Hanns	Plymouth Harriers	FV40	1:05:08
88	348	Fred	Jenkins	Instinctive Sports	MV55	1:05:10
89	327	Tracey	Cullerton	Plymouth Musketeers	FV45	1:05:32
90	359	Clive	Beech		MV60	1:05:35
91	387	Chloe	Hoatson	Plymouth Musketeers	FV35	1:05:41
92	333	Rebecca	Hodge	Dartmouth AC	FV40	1:05:54
93	466	Kim	Elgood		FV55	1:06:29
94	287	Peter	Kenvin	Bere Alston Trekkers	MV60	1:06:33
95	402	Michael	Hughes	Storm Plymouth	MV50	1:06:38

96	235	Gail	May	Storm Plymouth	FV40	1:06:38
97	457	Kevin	Paull	Erme Valley Harriers	MV55	1:06:41
98	465	Louise	Marsland	Tamar Trotters	FV35	1:06:47
99	337	Mark	Shobbrook		MV45	1:06:50
100	271	Julie	Page	Bere Alston Trekkers	FV45	1:06:52
101	376	Laura	Wills	Plymstock RR N/A	FV35	1:07:11
102	381	Jamie	Batteson	Storm Plymouth	FV35	1:07:21
103	195	Jason	Shipton	Tavistock AC	MV45	1:07:42
104	375	Daniel	Clewley		SM	1:07:43
105	250	Anthony	Shearer	Tavistock AC	MV65	1:07:49
106	480	Nick	McMahon	Erme Valley Harriers	MV60	1:08:08
107	300	Simon	Fewins	Plymouth Musketeers	MV40	1:08:11
108	282	Jon	Anderson	Plymouth Musketeers	MV45	1:08:12
109	358	Darren	Dunridge	Plymouth Musketeers	MV50	1:08:27
110	430	Chris	Whipp	Plymouth Musketeers	MV50	1:08:32
111	305	Brian	Soole	Plymouth Harriers	MV60	1:08:43
112	288	Richard	Lane	Erme Valley Harriers	MV45	1:08:52
113	434	David	Bennett	Plymouth Musketeers	MV45	1:09:02
114	426	Alan	McKeever		MV50	1:09:11
115	366	Terry	Wallis	Dartmouth AC	SM	1:09:13
116	297	Katy	Vincent		SF	1:09:19
117	379	Rodney	Hillebrandt	Plymouth Musketeers	MV65	1:09:29
118	196	Sam	Burdekin		SM	1:09:43
119	391	Rose	Bralsford	Erme Valley Harriers	FV50	1:09:48
120	328	Ben	Tutty		MV45	1:09:54
121	415	Barry	Drew	Carn Runners	MV65	1:10:08
122	339	Alison	McGrigor	Dartmouth AC	FV50	1:10:15
123	440	Andy	Ash	Storm Plymouth	SM	1:10:22
124	361	Pamela	Duncan		FV55	1:10:29
125	200	Christopher	Menlove-Platt	Plymouth Musketeers	MV60	1:10:36
126	318	Linda	Trebilcock	Plymouth Harriers	FV55	1:10:45
127	422	Leigh	Robinson	Plymouth Harriers	MV45	1:11:14
128	347	Charlotte	Harrison		SF	1:11:23
129	496	Maggie	Bunting	Tamar Trotters	FV45	1:11:34
130	285	Adrian	Butler	Plymouth Musketeers	MV50	1:11:37
131	334	Marie	Jones	Dartmouth AC	FV65	1:11:44
132	475	Robert	Tantam		SM	1:11:50
133	245	Allison	Waldron	Storm Plymouth	FV45	1:12:09
134	384	Michael	Walsh		MV55	1:12:24
135	326	Sarah	Horton	Plymouth Coasters	FV45	1:12:25
136	448	James	Prowse		SM	1:12:44
137	295	Anne	Marshall	Plymouth Harriers	FV55	1:12:46
138	428	Stephen	Leonard	Plymstock RR N/A	MV50	1:12:57
139	289	Cherry	Powell	Plymouth Musketeers	FV50	1:13:01
140	331	Jane	Hirons		FV50	1:13:01
141	301	Wesley	Hemstead		SM	1:13:22
142	383	Sarah	Holland	Tavistock AC	FV40	1:13:40
143	410	Justin	Locke	Storm Plymouth	MV40	1:13:41
144	393	Claire	Pidsley		FV35	1:13:54
145	329	Liz	Tutty		FV50	1:14:06

146	236	David	Eyre		MV50	1:14:06
147	468	Paul	Griffin	Instinctive Sports	MV45	1:14:08
148	389	Lesley	Hitchen	Plymouth Musketeers	FV45	1:14:19
149	495	James	Warn	Plymouth Musketeers	SM	1:14:32
150	237	Phil	Bees	Plymouth Musketeers	MV60	1:14:34
151	221	Mary	Ostle	Plymouth Harriers	FV65	1:14:39
152	364	Andrew	Martin	Tavistock AC	MV55	1:14:53
153	344	Mary	Sargeant	Bere Alston Trekkers	FV65	1:15:00
154	260	Maggie	Lamerton	Plymouth Musketeers	FV40	1:15:02
155	451	James	Newman	Plymouth Musketeers	SM	1:15:07
156	336	David	Green		MV60	1:15:14
157	302	Philip	Stallard	Plymouth Harriers	MV65	1:15:14
158	280	John	Windemer	Tavistock AC	MV65	1:15:35
159	293	Melanie	Francis	Plymouth Musketeers	SF	1:15:43
160	445	Nigel	Marshall	St Austell RC	MV45	1:15:51
161	239	Mike	Hands		MV40	1:15:53
162	240	John	Jones	Looe Pioneers	MV45	1:15:53
163	197	Thomas	Barker	Instinctive Sports N/A	SM	1:15:56
164	444	Debbie	Marshall	St Austell RC	FV40	1:16:10
165	228	Judith	Wilkinson	Tamar Trotters	FV60	1:16:13
166	199	Abi	Hall		SF	1:16:19
167	312	Ralph	Elmes	Bere Alston Trekkers	MV65	1:16:23
168	341	Jonny	Matthews	Storm Plymouth	SM	1:16:27
169	471	Lorna	Mulvihill	Plymouth Striders	SF	1:16:44
170	307	Joe	Johnson		SM	1:16:44
171	306	Ian	Johnson	South West Vets AC	MV55	1:16:45
172	283	Colin	Putt	Bere Alston Trekkers	MV50	1:17:32
173	388	Lisa	Light	Plymouth Musketeers	FV55	1:17:40
174	435	Wendy	Perks		FV45	1:17:43
175	292	Rachel	Scott	Plymouth Musketeers	FV50	1:18:01
176	351	Tracy	Coupland		FV35	1:18:10
177	255	Lynn	Pridham		FV40	1:18:10
178	261	Julie	Cook	Plymouth Musketeers	FV40	1:18:11
179	486	Wayne	Standish		SM	1:18:14
180	257	Paul	Youngman	Plymouth Musketeers	MV55	1:18:28
181	346	Kevin	Harold		MV55	1:18:29
182	246	Zoe	Thorp		FV45	1:18:43
183	247	Stephen	Thorp		MV45	1:18:43
184	272	Samantha	Harte-Latremouille	Bere Alston Trekkers	FV40	1:18:51
185	251	Georgie	Farr	Storm Plymouth	SF	1:19:20
186	233	Matthew	Powell	Storm Plymouth	MV45	1:19:20
187	420	Joanne	Ivison	Plymouth Harriers	FV45	1:19:45
188	394	Simon	Bishop-Hawes		MV45	1:20:03
189	489	Shannon	Bays	Plymouth Coasters	SF	1:20:15
190	316	Katie	Durrell	Plymouth Coasters N/A	FV40	1:20:15
191	242	Cheryl	Boxall	Plymouth Musketeers	FV40	1:21:04
192	355	Heather	O'Connell	Plymouth Musketeers	FV35	1:21:04
193	441	Liza	Jarvis		FV35	1:21:35
194	442	Matt	Jarvis		SM	1:21:36
195	370	Nick	Lintern		SM	1:21:38

196	433	Chloe	Henderson		SF	1:21:51
197	372	Louise	Shalders	Plymouth Harriers	FV35	1:21:53
198	310	Lisa	Burnham	Plymouth Harriers	FV35	1:21:53
199	222	Sarah-Jane	Sinclair	Plymouth Musketeers	FV45	1:21:57
200	323	Sarah	Ross	Tamar Trotters	FV50	1:22:17
201	408	Petra	Williams	City of Plymouth AC	FV40	1:22:33
202	409	Mark	Williams	City of Plymouth AC	MV40	1:22:33
203	317	Brenda	Thorne	Instinctive Sports	FV60	1:23:04
204	342	Shontelle	Jones	Storm Plymouth	SF	1:23:40
205	459	Chris	French		SM	1:23:40
206	343	Jane	Southern	Storm Plymouth	FV55	1:23:44
207	269	Diane	Foster	Looe Pioneers	FV45	1:23:51
208	267	Nicky	Griffiths		FV50	1:23:51
209	270	Emma	Baker	Looe Pioneers	FV40	1:23:51
210	349	Debbie	Ashton	Bere Alston Trekkers	FV45	1:24:14
211	256	Clare	White	Storm Plymouth	FV35	1:24:15
212	262	Denise	James	Storm Plymouth	FV55	1:24:15
213	263	Frances	Morgan	Bere Alston Trekkers	FV50	1:26:01
214	304	Mel	Greaves	Bere Alston Trekkers	FV45	1:26:01
215	227	Kathryn	Hawken	Plymouth Harriers	FV35	1:27:14
216	378	Julie	Board	Plymouth Harriers	FV40	1:27:14
217	278	Nikki	Putt	Bere Alston Trekkers	FV45	1:27:54
218	279	Sarah	Bartlett	Bere Alston Trekkers	FV50	1:28:08
219	497	Malcolm	Bent	Plymouth Harriers	SM	1:29:02
220	498	Linda	Mole	Plymouth Harriers	SF	1:29:03
221	248	Kevin	O'Reilly	Tamar Trotters	MV60	1:29:36
222	446	Sarah	Chidgey		FV35	1:30:57
223	478	Paula	Williams		SF	1:30:57
224	455	David	Walley		SM	1:30:57
225	483	Brian	Parker		MV55	1:30:57
226	469	Jayne	Davies	Instinctive Sports	SF	1:31:12
227	362	Denise	Betty	Instinctive Sports	SF	1:31:34
228	192	Deborah	Betty	Instinctive Sports N/A	FV55	1:31:36
229	397	Rachel	Snelling	Storm Plymouth	FV35	1:32:08
230	460	Codie	Wyett	Storm Plymouth	SF	1:32:08
231	243	Paul	Shapcott	Storm Plymouth	MV45	1:32:08
232	458	Rachel	Perry	Storm Plymouth	SF	1:32:10
233	354	Chloe	Bounsall	Storm Plymouth	SF	1:32:10
234	368	Karen	Albiston	Storm Plymouth	FV45	1:32:10
235	367	Mark	Albiston	Storm Plymouth	MV40	1:32:11
236	309	Christopher	Lang	Storm Plymouth	MV40	1:32:11
237	303	Kelly	Brumhead	Plymouth Musketeers	FV40	1:32:11
238	357	James	Blewett	Instinctive Sports	MV40	1:35:39
239	382	Alison	James	Plymouth Musketeers	FV45	1:35:39
240	258	Louise	King	Plymouth Musketeers	FV50	1:35:40
241	324	Vicki	Dunn	Plymouth Musketeers	FV35	1:35:40
242	259	Bryan	King	Plymouth Musketeers	MV60	1:35:40
243	412	Michael	Greaves	Plymstock RR N/A	MV55	1:35:43
244	345	Angie	Smith	Storm Plymouth	FV55	1:35:44
245	386	Jane	Dowrick	Storm Plymouth	FV50	1:35:46

246	424	Robert	Shaddick	Plymouth Musketeers	MV45	1:35:46
247	423	Michelle	Shaddick	Plymouth Musketeers	FV45	1:35:52
248	461	Donna	Burke	Plymouth Musketeers	FV50	1:35:52
249	488	Sarah	Abrams	Plymouth Musketeers	FV50	1:35:52
250	456	Deborah	Furniss		FV50	1:35:52
251	313	Elizabeth	Buckman	Plymouth Musketeers	FV40	1:35:59
252	418	Graeme	Buckman		SM	1:35:59
253	225	Sarah	Prior	Tavistock AC	FV40	1:36:54
254	417	Danielle	James	Tavistock AC	FV35	1:36:54
255	319	Gill	Tucker	Storm Plymouth	FV65	1:38:48
256	193	Kate	Howard	Plymouth Musketeers	FV55	1:38:52
257	330	Georgia	Dennehy		SF	1:38:52
258	229	Rachel	Garlick		FV40	1:39:21
259	462	Gail	Bellerby		FV50	1:42:11
260	395	Becky	Lewis-Clark		FV50	1:42:17
261	399	Pete	Wilson	Tamar Trotters	MV55	1:43:50
262	365	Jane	Martin		FV55	1:45:13
263	252	Susan	Farr	Storm Plymouth	FV55	1:45:32
264	238	Carol	Freer	Storm Plymouth	FV50	1:45:32
265	405	Gemma	Busfield	Storm Plymouth	FV35	1:45:32
266	299	Wendy	Oldham	Storm Plymouth	FV60	1:45:42
267	452	Matt	Pook	Storm Plymouth	MV40	1:45:44
268	253	James	Farr	Storm Plymouth	MV60	1:45:46
269	274	Lynn	Jones	Plymouth Musketeers	FV60	1:48:44
270	322	Kathryn	Weaver-Gore	Plymouth Musketeers	FV55	1:48:44
271	411	Hayley	Locke	Storm Plymouth	SF	1:50:27
272	473	Claire	Russell	Storm Plymouth	SF	1:50:27