

Winter 3K Series
Central Park - Wednesday 11th October

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	400	Nathan Brown	Erme Valley Harriers	M	10.02
2	341	Daniel Watling	Birchfield Harriers	M	10.04
3	382	Steve Fletcher	Plymouth Harriers	M	10.15
4	201	Alex Peyton Jones	Plymouth Harriers	M	10.39
5	566	Michael Miners	Erme Valley Harriers	M	10.47
6	523	Jacob Pierpoint		M	10.53
7	555	Simon Yeo	Tamar Trotters	M	11.03
8	504	Jack Childs	Storm Academy	M	11.05
9	544	Liam Hallows	Erme Valley Harriers	M	11.15
10	347	Jackson Spry	Tamar Trotters	M	11.16
11	547	Tom Fox	Plymouth Harriers	M	11.19
12	507	Steven Brown		M	11.21
13	593	Olly Woodmason	COPAC	M	11.23
14	331	Raymond Tew	Plymouth Harriers	M	11.28
15	380	Mark Sowden	Tamar Trotters	M	11.30
16	505	Simon Wharten		M	11.30
17	533	Jude Davies	Tamar Trotters	M	11.32
18	502	Nick Bristow	Erme Valley Harriers	M	11.34
19	340	Brendan Anderson	Plymouth Harriers	M	11.36
20	335	Tom Kerr	Plymouth Harriers	M	11.40
21	319	Emma Ryder	Tavistock AC	F	11.42
22	597	Guy Peterson	Tamar Trotters	M	11.51
23	368	Adam Rickard		M	11.56
24	364	Matthew Walkey	Plymouth Harriers	M	12.05
25	549	Matt Carter Brown		M	12.07
26	322	Melvin Griffiths		M	12.13
27	550	Justin Smith	Plymouth Harriers	M	12.22
28	365	Alex Ruffin	Storm Plymouth	M	12.28
29	528	Bradley Busfield		M	12.29
30	586	Stephen Mace	Storm Plymouth	M	12.33
31	324	Jane Allison	Plymouth Harriers	F	12.35
32	543	James Scantlebury	Erme Valley Harriers	M	12.40
33	377	Daniel Case	Plymouth Musketeers	M	12.53
34	556	Andy Bees	Plymouth Musketeers	M	12.57
35	503	Ben Bristow	Erme Valley Harriers	M	12.59
36	366	Adrian Ruffin	Storm Plymouth	M	13.02
37	570	Matthew Golding	COPAC	M	13.04
38	545	Olivia Travers	Erme Valley Harriers	F	13.06
39	534	Kris Jones	Plymouth Musketeers	M	13.11
40	572	Dave Tucker		F	13.13
41	584	Paul Collins		M	13.15
42	321	Olivia Kinnear	Tavistock AC	F	13.17
43	381	Brendan Palmer	Storm Plymouth	M	13.24
44	352	Oliver Bennett	Tamar Trotters	M	13.33
45	564	Emily Childs	COPAC	F	13.38
46	583	Dan Criddle	Plymouth Musketeers	M	13.39
47	542	Shaun Boothroyd		M	13.54
48	384	Mick Hughes	Storm Plymouth	M	14.08
49	356	Mike Allen		M	14.20
50	311	Steve Watson	Erme Valley Harriers	M	14.23
51	561	Scott Johnson	Plymouth Musketeers	M	14.27
52	569	Daniel Childs	COPAC	M	14.30
53	508	Stephen Boxall		M	14.34
54	562	Jenny Kumah	Plymouth Musketeers	F	14.35
55	346	James Child	Tamar Trotters	M	14.37
56	594	Chloe Hoatson	Plymouth Musketeers	F	14.43

57	342	Hannah Spry	Tamar Trotters	F	14.45
58	315	Chris Rollinson		M	14.54
59	509	Lucy Rogerson	Plymouth Coasters	F	14.56
60	521	Phil Bees	Plymouth Musketeers	M	15.01
61	354	Rowan Windrum	Tamar Trotters	F	15.04
62	538	Sam Martin	Plymouth Musketeers	F	15.08
63	591	Elsie Penry		F	15.18
64	589	Amelia Woodmason		F	15.30
65	518	Henry Lambert-Gorwen	Tamar Trotters	M	15.38
66	520	Paul Paskin	Plymouth Harriers	M	15.44
67	344	Amelia Roberts	Tamar Trotters	F	15.46
68	392	Zander		M	15.47
69	519	Helen Roberts	Tamar Trotters	F	15.51
70	511	Oliver Batteson		M	15.52
71	330	Kate Rogers	Tavistock AC	F	16.01
72	360	Sean Rafton		M	16.01
73	353	Kate Mugleston	Tamar Trotters	F	16.03
74	350	Jo Mugleston	Tamar Trotters	F	16.10
75	560	Lisa Light	Plymouth Musketeers	F	16.16
76	362	Rachel Snelling	Storm Plymouth	F	16.17
77	313	Richard Wiffill	Storm Plymouth	M	16.17
78	513	Josh Batteson		M	16.18
79	332	Lisa Sutton		F	16.18
80	573	Jack Tucker		M	16.36
81	512	Joey Batteson		M	16.37
82	510	Ben Batteson	Storm Plymouth	M	16.37
83	337	Geoffrey Honey	Plymouth Harriers	M	16.51
84	367	Michelle Shaddick	Plymouth Musketeers	F	16.55
85	395	Ryan May	Tamar Trotters	M	16.58
86	571	Maggie Lamerton	Plymouth Musketeers	F	17.09
87	588	Alison Greaves	Bere Alston Trekkers	F	17.44
88	587	Katie Hicks		F	17.48
89	599	Brian King	Plymouth Musketeers	M	18.01
90	343	Caitlin Wood	Tamar Trotters	F	18.02
91	345	Imogen Beer	Tamar Trotters	F	18.03
92	598	Louise King	Plymouth Musketeers	F	18.04
93	527	Gemma Busfield	Storm Plymouth	F	18.45
94	355	Lucyna Kunc		F	19.12
95	339	Raylisha Warren	Plymouth Musketeers	M	19.49
96	398	Jen Willcox	Thetford AC	F	19.51
97	552	Dawn Childs	Storm Plymouth	F	20.05
98	567	Helen Childs	Storm Plymouth	F	20.05
99	338	Kathryn Weaver-Gore	Plymouth Musketeers	F	20.09
100	530	Beverley Riley	Storm Plymouth	F	21.11
101	529	Ed Crosby-Kinson		M	21.30
102	535	Lynn Jones	Plymouth Musketeers	F	21.33
103	501	Esther Willcox		F	21.36
104	394	Michelle Hughes	Storm Plymouth	F	21.59
105	397	Simon Ashford	Moorhaven	M	22.17
106	378	Gill Case	Plymouth Musketeers	F	22.42
107	548	Frances Charles	Plymouth Harriers	F	25.28
108	576	Clare Phillips	Plymouth Harriers	F	25.29
109	537	Mary Dyer	Plymouth Harriers	F	25.29
110	581	Celia Charlton	Plymouth Harriers	F	27.12
111	318	Sadie De'ath	Plymouth Musketeers	F	28.57
112	312	Darren Williams	Plymouth Musketeers	M	28.57
113	580	Nicola Salmon	Plymouth Harriers	F	29.08
114	396	Christine McGhee	Plymouth Harriers	F	29.08
115	370	Jen McLaren	Plymouth Harriers	F	29.36
116	541	Leesa Pethick	Plymouth Harriers	F	29.36