

Summer 5K Series
Saltram - Wednesday 13th June

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	451	Matthew Bradley	Plymouth AC	M	16.46
2	427	Steve Fletcher	Plymouth Harriers	M	16.52
3	304	Steven Hill	Plymouth Harriers	M	17.29
4	477	Stuart Hall	DSFRS RC	M	17.54
5	368	Sam Yearling		M	18.09
6	354	David Beckenkraeger	Plymouth Harriers	M	18.11
7	240	Rob Williams	Plymouth Harriers	M	18.22
8	346	Graham Bale	Plymstock Road Runners	M	18.32
9	322	Steve Burrows		M	18.52
10	345	Scott Mansfield	Plymouth Musketeers	M	19.14
11	253	Max Davies	Plymouth Tri Club	M	19.15
12	454	Raymond Tew	Plymouth Harriers	M	19.26
13	212	Daniel Clewley		M	19.28
14	339	Jacob Pierpoint		M	19.33
15	265	Molly Shorey		F	19.38
16	264	Charlene Shorey		F	19.39
17	285	Guy Petersen	Tamar Trotters	M	19.59
18	277	Adrian Berry	Tamar Trotters	M	20.08
19	211	Andy Charles	Plymouth Harriers	M	20.09
20	242	Nick Bristow	Erme Valley Harriers	M	20.26
21	430	Melvyn Griffiths		M	20.27
22	342	Justin Smith	Plymouth Harriers	M	20.40
23	222	Emma Lake	Erme Valley Harriers	F	20.49
24	308	Neal Humphreys	Corby AC	M	20.50
25	319	Matthew Grzenda	Plymouth Musketeers	M	20.53
26	256	Tom Kerr	Plymouth Harriers	M	21.06
27	442	Mat Penry	Plymouth Musketeers	M	21.10
28	243	Ian Lamerton	SW Vets AC	M	21.18
29	350	Finlay Allen	Plymstock Road Runners	M	21.18
30	441	Andrew Marshall	Plymouth Harriers	M	21.28
31	233	Samuel White		M	21.35
32	246	Steven Laity	Plymouth Harriers	M	21.37
33	306	David Shalders	Plymouth Harriers	M	21.38
34	420	Andy Bees	Plymouth Musketeers	M	21.42
35	440	Daniel Case	Plymouth Musketeers	M	21.44
36	370	Shaun Roberts		M	21.59
37	428	Carl Mills		M	22.01
38	443	Paula Simson	Plymouth AC	F	22.07
39	485	Matthew Golding	Plymouth AC	M	22.19
40	366	Lewis Allan	Plymouth AC	M	22.20
41	283	Alex Lea	Plymouth Musketeers	M	22.23
42	213	David Church	Erme Valley Harriers	M	22.34
43	444	Michael Cork	Plymouth Coasters	M	22.36
44	294	Paul Cox		M	22.41
45	276	Matt Linsley	Plymouth Tri Club	M	22.43

46	261	Kate Phillips	Plymouth AC	F	22.53
47	250	Andrew Bennett	Plymouth Harriers	M	23.00
48	367	Simon Pritchard		M	23.11
49	352	Gary Bishop	Plymouth Harriers	M	23.31
50	486	James Scantlebury	Erme Valley Harriers	M	23.44
51	274	James Child	Tamar Trotters	M	23.49
52	204	Richard Morton	Tamar Trotters	M	23.50
53	464	Ellie Clements	Plymouth Tri Club	F	23.51
54	259	Mike Allen		M	23.53
55	425	Dan Marks	Erme Valley Harriers	F	24.01
56	315	Lynda Harris	Plymouth Musketeers	F	24.02
57	330	Steve Bush	Plymouth Musketeers	M	24.08
58	216	Brendan Palmer	Storm Plymouth	M	24.13
59	225	Anna Lake	Erme Valley Harriers	F	24.14
60	493	Chloe Hoatson	Plymouth Musketeers	F	24.28
61	219	Chris Rollinson		M	24.32
62	488	Stephen Williams	Plymouth Harriers	M	24.37
63	492	Miranda Burke	Plymouth Harriers	F	24.39
64	475	Martin Jones	Storm Plymouth	M	24.41
65	466	Rowan Windrum	Tamar Trotters	F	24.45
66	299	Ella Kerswill	Plymouth Tri Club	F	24.47
67	215	Stan Kellett	Plymouth Musketeers	M	24.52
68	286	Rodney Hillebrandt	Plymouth Musketeers	M	24.58
69	458	William Gould	Storm Plymouth	M	25.00
70	311	Claire Davidson	East Cornwall Harriers	F	25.01
71	356	Tom Medland		M	25.02
72	355	Charlie Crocker		M	25.03
73	268	Paul Bennett	Plymouth Musketeers	M	25.04
74	254	James Tucker	Plymstock Road Runners	M	25.11
75	284	Fred Jenkins	Instinctive Sports	M	25.15
76	439	Phil Adderley	Erme Valley Harriers	M	25.15
77	332	Aaron Sweet		M	25.16
78	338	Phil Bees	Plymouth Musketeers	M	25.17
79	303	Laura Quinn	Plymouth Harriers	F	25.19
80	302	Lorna Lucien	Plymouth Harriers	F	25.33
81	275	Andrew Linsley	Plymouth Tri Club	M	25.57
82	362	Oliver Jones		M	26.02
83	481	Scott Green	Plymstock Road Runners	M	26.04
84	453	Linda Mole	Plymouth Harriers	F	26.23
85	447	Mike Pote		M	26.28
86	343	Maggie Lamerton	Plymouth Musketeers	F	26.43
87	257	Hayley Cozens	Plymouth Harriers	F	26.46
88	228	Louis McCracken		M	27.00
89	465	Caroline Arscot		F	27.01
90	421	Liz Gee	Plymouth Musketeers	F	27.05
91	456	Charlotte Illstey		F	27.16
92	455	Portia Grayson		F	27.17
93	429	Lisa Light	Plymouth Musketeers	F	27.22
94	202	Joanna Wood	Tamar Trotters	F	27.24
95	484	Liz Westlake	Plymouth Harriers	F	27.35

96	258	Olivia Ruffin	Storm Academy	F	27.42
97	249	Adrian Ruffin	Storm Plymouth	M	27.43
98	360	Louise Cusack		F	27.58
99	287	Julie Cook	Plymouth Musketeers	F	28.01
100	432	David Salvage	Tamar Trotters	M	28.03
101	341	Katie Tricker	Tamar Trotters	F	28.10
102	426	Claire Marks		F	28.30
103	269	Deborah Bennett	Plymouth Musketeers	F	28.44
104	321	Lisa Bowring		F	28.46
105	313	Michelle Jones	Storm Plymouth	F	28.47
106	490	Guy Chatterton		M	28.54
107	491	Mark Chatterton		M	28.55
108	365	Jenny Thorn		F	29.00
109	208	Charlotte Walton	Plymouth Harriers	F	29.12
110	463	Brenda Thorne	Instinctive Sports	F	29.23
111	344	Tom Barker	Instinctive Sports	M	29.34
112	335	Dean Jordan		M	29.50
113	446	Joanna Sardella		F	30.00
114	353	Heidi Bishop	Plymouth Harriers	F	30.07
115	434	Mark Rescorl	Tamar Trotters	M	30.41
116	422	Heather O'Connell	Plymouth Musketeers	F	30.46
117	436	Finlay Tucker	Storm Academy	M	30.49
118	438	Kevin Tucker	Storm Plymouth	M	30.50
119	480	Maria Clarke		F	31.14
120	457	Dave Connell		M	31.15
121	201	Caitlin Wood	Tamar Trotters	F	31.17
122	460	Bryan King	Plymouth Musketeers	M	31.18
123	472	Carly Bunston		F	31.33
124	234	Stephen Hodgins		M	31.34
125	474	Arabella Lloyd		F	31.40
126	424	Abbie James		F	31.49
127	476	Craig Bradley	Plymstock Road Runners	M	32.01
128	347	Marie McPake	Plymstock Road Runners	F	32.10
129	318	Jessicca Pettitt	Plymouth Musketeers	F	32.16
130	266	Gill Tucker	Storm Plymouth	F	32.27
131	206	Laura Beattie	Plymouth Harriers	F	32.31
132	423	Harry James		M	32.34
133	227	Rachel Scott	Plymouth Musketeers	F	32.37
134	291	Vicky Cox		F	32.38
135	307	Beth Dale	Plymstock Road Runners	F	33.15
136	483	Emma Green		F	33.26
137	278	Jasmine Rolfe	Plymstock Road Runners	F	33.34
138	241	Nathan Lake		M	33.35
139	482	Natalie Green		F	33.55
140	248	Lai-Yin Wong	Plymouth Musketeers	F	34.00
141	293	Saffron Cox		F	34.06
142	220	Abbie Giovenco	Plymouth Harriers	F	35.14
143	251	Jennifer Oatway	Plymouth Harriers	F	35.14
144	267	Jennifer Dyer	Plymouth Harriers	F	35.20
145	431	Sandra Slaney	Plymouth Harriers	F	35.28

146	247	Kathryn Weaver-Gore	Plymouth Musketeers	F	35.34
147	487	Lynn Jones	Plymouth Musketeers	F	35.37
148	324	Gary Roche		M	35.46
149	289	Jacki Williams		F	35.55
150	300	Sam Martin	Plymouth Musketeers	F	35.57
151	236	David Hiatt		M	35.58
152	288	Tracie Mansell		F	36.04
153	301	Gary Martin	Plymouth Musketeers	M	36.05
154	245	Oliver Batteson		M	36.30
155	468	Lisa Parr	Plymouth Harriers	F	37.15
156	489	Amy Dymond	Plymouth Harriers	F	37.16
157	230	Rosemary Francis		F	37.27
158	459	Simon Ashfold	Moorhaven RC	M	37.35
159	237	Sarah Jones		F	37.47
160	271	Elaine Hill	Plymouth Harriers	F	38.03
161	435	Mary Dyer	Plymouth Harriers	F	38.12
162	296	Karen Osborne	Plymouth Musketeers	F	38.36
163	297	Kim Watkins	Storm Plymouth	F	38.36
164	449	Darcy Carne	Storm Academy	F	38.43
165	255	Nina Shillabeer	Plymstock Road Runners	F	38.46
166	229	Sara Ball		F	39.06
167	231	Julie Pering		F	39.07
168	340	Fiona Coyle		F	39.07
169	205	Paul Paskins	Plymouth Harriers	M	39.09
170	260	David Dane	Plymstock Road Runners	M	39.14
171	473	Ruth Graham		F	39.30
172	238	Lily Jefford	Tamar Trotters	F	39.38
173	239	Jo Jefford	Plymouth Musketeers	F	39.44
174	217	Jess Manners	Plymouth Harriers	F	40.12
175	218	Kim Cooke	Plymouth Harriers	F	40.17
176	448	Joanne Allan	Storm Plymouth	F	40.37
177	312	Kathy Cassidy		F	42.29
178	331	Morgan Bush		F	44.50
179	273	Rebecca Couch	Storm Plymouth	F	44.57
180	450	Daniel Dunn		M	45.00
181	272	Kate Hodgins	Storm Plymouth	F	45.01
182	470	Sara Alcock		F	45.24