

Winter 3K Series  
Central Park - Wednesday 10th October

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	201	Jordan Andrews	Tavistock Run Project	M	9.47
2	443	Steve Fletcher	Plymouth Harriers	M	10.09
3	275	Sam Yearling	Plymouth Harriers	M	10.25
4	434	Alex Peyton Jones	Plymouth Harriers	M	10.28
5	212	Liam Hallows	Erme Valley Harriers	M	10.53
6	480	Raymond Tew	Plymouth Harriers	M	10.54
7	236	Max Davies		M	11.00
8	264	Scott Mansfield	Plymouth Musketeers	M	11.02
9	217	Steve Burrows		M	11.16
10	260	Graham Bale	Plymstock RR	M	11.17
11	245	Doogie McLaren		M	11.34
12	438	Edward Falkingham	Taunton AC	M	11.42
13	432	Ami Yetton	Plymouth Harriers	F	11.47
14	421	Thomas Kerr	Plymouth Harriers	M	11.54
15	267	Guy Petersen	Tamar Trotters	M	11.59
16	254	Matthew Grzenda	Plymouth Musketeers	M	12.01
17	477	Daniel Baugh	Storm Plymouth	M	12.11
18	442	Ian Lamerton	SWVets AC	M	12.15
19	261	Kieran Woodward	Plymouth Musketeers	M	12.20
20	460	Matthew Walkey	Plymouth Harriers	M	12.25
21	463	Evan Barnes	Tamar Trotters	M	12.28
22	466	Alfie Lemin	Tamar Trotters	M	12.30
23	206	Justin Smith	Plymouth Harriers	M	12.34
24	253	Steve Mace	Storm Plymouth	M	12.39
25	448	Dean Jones	Lordshill	M	12.40
26	483	Jane Allison	Plymouth Harriers	F	12.41
27	243	Scott Johnstone	Plymouth Musketeers	M	12.47
28	231	Christopher Peacock	City of Plymouth AC	M	12.54
29	420	Michael Walsh	Plymouth Musketeers	M	12.59
30	428	Ella Isaias	Erme Valley Harriers	F	13.14
31	481	Chris Kelley	Plymouth Harriers	M	13.18
32	216	Kris Jones	Plymouth Musketeers	M	13.22
33	218	Michael Cork	Plymouth Coasters	M	13.28
34	213	Sam Martin	Plymouth Musketeers	F	13.33
35	472	Simon Ayres		M	13.45
36	468	Ben Smith		M	13.47
37	272	William Gould		M	13.48
38	458	James Child	Tamar Trotters	M	13.49
39	229	Rowan Windrum	Tamar Trotters	F	13.52
40	470	Brendan Palmer	Storm Plymouth	M	14.04
41	230	Alan Hockings	Plymouth Musketeers	M	14.07
42	451	James Tucker	Plymstock RR	M	14.07
43	453	Ruby Davidson	Tamar Trotters	F	14.08
44	484	Tom Booth		M	14.17
45	427	Imogen Rickard		F	14.27
46	211	Chris Rollinson		M	14.28
47	441	Dave Gale		M	14.29
48	249	Phil Bees	Plymouth Musketeers	M	14.35
49	269	James Gould		M	14.42
50	436	Paul Bennett	Plymouth Musketeers	M	14.43
51	486	Brad Harrison	Plymouth Musketeers	M	14.45
52	492	Jack Jefford	Tamar Trotters	M	14.48

53	222	Chloe Hoatson	Plymouth Musketeers	F	14.51
54	233	Pau Newitt		M	14.59
55	449	Martin Jones	Storm Plymouth	M	15.03
56	475	Stephen Boxall		M	15.05
57	251	Rodney Hillebrandt	Plymouth Musketeers	M	15.16
58	256	Aaron Sweet		M	15.25
59	258	Emily Childs	Storm Academy	F	15.26
60	259	Daniel Childs	Storm Academy	M	15.34
61	426	Henry Lambert-Gorwyn	Tamar Trotters	M	15.46
62	485	Clayton Harrison		M	15.50
63	473	Edward Trenham-Nash	Tamar Trotters	M	15.53
64	439	Helen Roberts		F	15.54
65	273	James Newman	Plymouth Musketeers	M	15.56
66	208	Maggie Lamerton	Plymouth Musketeers	F	15.58
67	487	Simon Fewings	Plymouth Musketeers	M	16.01
68	430	Dean Trice	Plymouth Musketeers	M	16.07
69	266	Michelle Cartlidge	Plymouth Harriers	F	16.19
70	257	Glen Harding	Plymouth Harriers	M	16.39
71	476	Lynn Low	Plymouth Musketeers	F	16.42
72	268	Paul Paskins	Plymouth Harriers	M	16.50
73	488	Tracey Garland	Storm Plymouth	F	16.53
74	255	Rob Clark	Tamar Trotters	M	17.08
75	490	Harry Davis	Tamar Trotters	M	17.20
76	274	Kayleigh Baugh	Storm Plymouth	F	17.25
77	271	Bryan Short	Erme Valley Harriers	M	17.28
78	424	Geoffrey Honey	Plymouth Harriers	M	17.29
79	489	Jake Rust	Tamar Trotters	M	17.35
80	455	Amelia Roberts	Tamar Trotters	F	17.41
81	435	Deborah Bennett		F	17.54
82	450	Michelle Jones	Storm Plymouth	F	18.07
83	431	John Charlick		M	18.27
84	234	Maria Clarke		F	18.31
85	459	Erin Child	Tamar Trotters	F	19.26
86	482	Lauren Haly		F	19.52
87	237	Beth Dale	Plymstock RR	F	19.56
88	215	Sarah Hawkins	Plymouth Musketeers	F	20.01
89	444	Lai-Yin Wong	Plymouth Musketeers	F	20.07
90	248	Lynn Jones	Plymouth Musketeers	F	20.22
91	474	Gill Case	Plymouth Musketeers	F	20.27
92	491	Lily Jefford	Tamar Trotters	F	20.27
93	493	Peter Jefford	Plymouth Musketeers	M	20.31
94	228	Beverley Riley	Storm Plymouth	F	20.47
95	447	Kathryn Weaver-Gore	Plymouth Musketeers	F	20.58
96	250	Mary Dyer	Plymouth Harriers	F	22.11
97	202	James Smith	Plymouth Musketeers	M	22.18
98	240	Nina Shillabeer	Plymstock RR	F	22.29
99	241	Kelly Rawlins		F	22.29
100	423	Simon Ashfold	Moorhaven RC	M	22.48
101	227	Ruth Graham		F	22.52
102	238	Leesa Pethick	Plymouth Harriers	F	24.03
103	242	Mandy Brookslow	Plymouth Harriers	F	26.05
104	247	Frances Charles	Plymouth Harriers	F	26.08
105	219	Kate Larcombe	Storm Plymouth	F	28.54
106	220	Rebecca Couch	Storm Plymouth	F	29.06
107	429	Nicola Salmon	Plymouth Harriers	F	31.22
108	419	Christine McGhee	Plymouth Harriers	F	31.22