

## 2018/19 Winter Fixture List

<u>Date</u>	<u>Fixture</u>	<u>Venue</u>	<u>Type</u>	<u>Age Group</u>
<b>OCTOBER</b>				
Sunday 7	Westward League	Plymouth	Cross Country	U11 and over
Wednesday 10	Armada 3K	Plymouth	Road	11 upwards
Saturday 13	UKA Cross Challenge	Cardiff	Cross Country	Open
Sunday 21	Devon Sportshall League	Dawlish	Sportshall	U10 to U15
Sunday 28	Tavi 7	Tavistock	Road	U16 upwards and Fun Run
<b>NOVEMBER</b>				
Thursday 8	West Devon Schools Cross Country	Plymouth	Cross Country	Jun/Int/Sen
Wednesday 14	Armada 3K	Plymouth	Road	11 upwards
Sunday 11	Westward League	Newquay	Cross Country	U11 and over
Sunday 18	Devon Sportshall League (inc. County Champs)	Dawlish	Sportshall	U10 to U15
<b>DECEMBER</b>				
Sunday 2	Westward League (inc. County Champs)	Exeter	Cross Country	U11 and over
Sunday 16	UWIC Christmas Classic	Cardiff	Indoor T+F *	U20 and over
Wednesday 12	Armada 3K	Plymouth	Road	11 upwards
<b>JANUARY</b>				
Sunday 6	South West Cross Country Champs	Aldon Hill	Cross Country	U13 and over
Wednesday 9	Armada 3K	Plymouth	Road	11 upwards
Sunday 13	Westward League	Bideford (Westward Ho)	Cross Country	U11 and over
Saturday 19	Devon Schools Cross Country Champs	Stover School, N Abbot	Cross Country	Representative
Sunday 20	Cardiff Met GP (Non Thomas)	Cardiff	Indoor T+F *	U20 and over
Sunday 27	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
<b>FEBRUARY</b>				
Saturday 2	South West Schools XC	TBC	Cross Country	Representative
Sunday 10	Westward League	Stover School, N Abbot	Cross Country	U11 and over
Wednesday 13	Armada 3K	Plymouth	Road	11 upwards
Saturday 23	National Cross Country Champs	Leeds	Cross Country	U13 up to seniors
Sunday 24	Devon Sportshall League	Plymouth Life Centre	Sportshall	U10 to U15
<b>MARCH</b>				
Sunday 4	Westward League	Redruth	Cross Country	U11 and over
Saturday 9	Regional Sportshall (U11,U13 and U15)	Torbay	Sportshall	Representative
Wednesday 13	Inter Counties Cross Country	Loughborough	Cross Country	Representative
Saturday 16	Armada 3K	Plymouth	Road	11 upwards
Sunday 17	ESAA National Cross Country	TBC	Cross Country	Representative
	Devon Sportshall League	Dawlish	Sportshall	U10 to U15

\* Indoor Track and Field meetings operate on 'next years' age groups i.e. your age at 31 August 2019