

Winter 3K Series
Central Park - Wednesday 13th February

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	92	Sam Yearling	Plymouth Harriers	M	10.12
2	27	Oliver Woodmason	City of Plymouth AC	M	10.15
3	45	Scott Mansfield	Plymouth Musketeers	M	10.39
4	1	Molly Shorey	City of Plymouth AC	F	11.15
5	18	Jack Arundel	Storm Plymouth	M	11.21
6	48	Lee Herbert	Plymouth Musketeers	M	11.22
7	83	Tom Pitcher	Tamar Trotters	M	11.46
8	77	Justin Frost	Plymouth Musketeers	M	11.48
9	85	Matthew Grzenda	Plymouth Musketeers	M	12.04
10	97	Guy Petersen	Tamar Trotters	M	12.11
11	20	Lauren Knox		F	12.12
12	95	Steve Mace	Storm Plymouth	M	12.29
13	57	Robert Kenny		M	12.36
14	51	Damian Dunne	Plymouth Musketeers	M	12.41
15	87	Matthew Golding	City of Plymouth AC	M	12.42
16	79	Jane Allison	Plymouth Harriers	F	12.44
17	3	David Kilgore	Storm Plymouth	M	12.46
18	91	Gary Martin	Plymouth Musketeers	M	12.51
19	33	Mat Penry	Plymouth Musketeers	M	12.57
20	56	Simon Ayres		M	13.17
21	84	James Tucker	Plymstock RR	M	13.23
22	11	Glenn Wood	East Cornwall Harriers	M	13.27
23	39	Richard Atkinson	Plymouth Harriers	M	13.31
24	41	Brendan Palmer	Storm Plymouth	M	13.43
25	24	James Child	Tamar Trotters	M	13.44
26	86	Clayton Harrison		M	13.45
27	53	Phil Adderley	Erme Valley Harriers	M	13.55
28	14	Richard Morton	Tamar Trotters	M	13.58
29	42	Stephen Boxall		M	14.18
30	94	Paul Newitt		M	14.26
31	35	Dave Gale		M	14.28
32	69	Jack Jefford	Tamar Trotters	M	14.30
33	50	Jemma Davies		F	14.35
34	43	Ian Roberts		M	14.45
35	90	Debbie Cornish	Storm Plymouth	F	14.49
36	40	Chris Rollinson		M	15.05
37	49	Emma Dunne	Plymouth Musketeers	F	15.08
38	60	Lisa Light	Plymouth Musketeers	F	15.15
39	12	Nancy Walker		F	15.23
40	52	Sam Turner	Plymouth Musketeers	F	15.24
41	55	Rodney Hillebrandt	Plymouth Musketeers	M	15.25
42	26	Edward Trenham-Nash	Tamar Trotters	M	15.27
43	4	Sue Freemantle	Storm Plymouth	F	15.36
44	73	Jake Rust	Tamar Trotters	M	15.43
45	37	Glen Harling	Plymouth Harriers	M	15.49

46	32	Helen Roberts		F	15.50
47	54	Daniel Adderley	Erme Valley Harriers	M	15.51
48	62	Lynn Low	Plymouth Musketeers	F	16.03
49	25	Geoffrey Honey	Plymouth Harriers	M	16.43
50	46	Claire Herbert	Plymouth Musketeers	F	17.07
51	72	Bryan Short	Erme Valley Harriers	M	17.13
52	89	Heather O'Connell	Plymouth Musketeers	F	17.13
53	78	Henry Lambert-Gorwyn	Tamar Trotters	M	17.20
54	34	Shannon Bays	Plymouth Coasters	F	17.22
55	68	Daniel Childs	Storm Academy	M	17.26
56	93	Maria Clarke		F	17.29
57	61	Aaron Sweet		M	17.29
58	59	Carol Hansen	Erme Valley Harriers	F	17.46
59	96	Paul Paskins	Plymouth Harriers	M	17.59
60	19	Susan Rich	Plymouth Musketeers	F	18.15
61	17	Louise King	Plymouth Musketeers	F	18.20
62	67	Emily Childs	Storm Academy	F	18.27
63	65	Helen Childs	Storm Plymouth	F	18.28
64	44	Dawn Childs	Storm Plymouth	F	18.28
65	64	Dean Jordan		M	18.30
66	2	Darren Williams	Plymouth Musketeers	M	18.44
67	29	Amelia Roberts		F	18.52
68	36	Caitlin Wood	Tamar Trotters	F	19.03
69	16	Bryan King	Plymouth Musketeers	M	19.15
70	74	Harry Davis	Tamar Trotters	M	19.30
71	75	Jocelyn Davis		F	19.38
72	7	Melanie Pedrick	Plymouth Harriers	F	19.58
73	10	Kathryn Hawicen	Plymouth Harriers	F	19.59
74	66	Summer Runner	Storm Plymouth	F	20.52
75	81	Debbie Grosch-Squance		F	20.58
76	63	Kevin Oliver	Storm Plymouth	M	21.13
77	58	Hollie Baxter	Plymouth Harriers	F	21.18
78	82	Dave Pitcher	Tamar Trotters	M	21.22
79	13	Christine McGhee	Plymouth Harriers	F	21.26
80	76	Lynn Jones	Plymouth Musketeers	F	21.40
81	71	Lily Jefford	Tamar Trotters	F	21.47
82	70	Joanne Jefford	Plymouth Musketeers	F	21.48
83	28	Simon Ashfold	Moorhaven RC	M	21.57