

Summer 5K Series
Saltram - Wednesday 12th June

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	19	Steve Fletcher	Plymouth Harriers	M	16.43
2	29	John Porter	Plymouth Harriers	M	18.00
3	65	Graham Bale	Plymstock Road Runners	M	18.16
4	109	Richard Ham		M	18.30
5	120	Raymond Tew	Plymouth Harriers	M	18.32
6	48	Pete Waumsley	Storm Plymouth	M	18.40
7	77	Scott Mansfield	Plymouth Musketeers	M	18.47
8	146	Rob Williams	Plymouth Harriers	M	18.50
9	143	Max Davies		M	19.32
10	177	Tom Pitcher	Tamar Trotters	M	19.35
11	115	Freya Porter		F	19.36
12	33	Matthew Dalton	Riviera Racers	M	19.41
13	171	David Webber		M	19.54
14	1	Pete Moon		M	19.56
15	83	Matt Richards	Storm Plymouth	M	20.02
16	64	Talia Sullivan	COPAC	F	20.26
17	175	John Carter	Plymstock Road Runners	M	20.28
18	128	Bella May	Erme Valley Harriers	F	20.29
19	68	Billy Jones		M	20.47
20	60	Ben Smith	Plymouth Musketeers	M	20.49
21	76	Emma Lake	Erme Valley Harriers	F	20.52
22	98	Guy Petersen		M	20.57
23	20	Steve Waters		M	21.09
24	24	Tom Kerr	Plymouth Harriers	M	21.16
25	18	Duncan Ross	Plymouth Coasters	M	21.19
26	156	Jane Allison		F	21.20
27	34	Tom Mervyn		M	21.32
28	157	Samuel White		M	21.34
29	89	David Kilgore	Storm Plymouth	M	21.45
30	161	James Scantlebury	Erme Valley Harriers	M	21.51
31	116	Robert Gaffney		M	21.55
32	172	Dean Barrett	Tamar Trotters	M	22.01
33	90	Michael Cork	Plymouth Coasters	M	22.20
34	28	Brennan Drewitt	Plymouth Musketeers	M	22.22
35	138	Alice Robinson		F	22.31
36	79	Robert Kenny		M	22.35
37	26	Luke Mervyn	Storm Plymouth	M	22.47
38	2	Jim Andrews	Plymouth Musketeers	M	22.50
39	104	Andy Bees	Plymouth Musketeers	M	22.51
40	123	Gareth Tucker		M	22.53
41	75	Anna Lake	Erme Valley Harriers	F	22.58
42	74	Chris Mervyn	Storm Plymouth	M	23.06
43	94	Neal Humphreys	Corby AC	M	23.08
44	111	James Tucker	Plymstock Road Runners	M	23.15
45	168	Bassem Amr		M	23.19
46	63	Steve Williams	Plymouth Harriers	M	23.33
47	159	Adam Speare	Tamar Trotters	M	23.39
48	25	C Phelps		M	23.44
49	27	Ben Bristow	Erme Valley Harriers	M	23.45
50	69	Simon Ayres		M	23.47

51	53	Jim Medhurst	Bere Alston Trekkers	M	23.48
52	167	Lucy Stoneman	Tamar Trotters	F	23.53
53	125	Mark Thomas	Plymouth Harriers	M	23.54
54	12	Jonathan Smith		M	24.00
55	11	Edward Smith	Tavistock Run Project	M	24.01
56	169	Alison Caldwell	Tamar Trotters	F	24.02
57	102	Chris Rollinson		M	24.05
58	91	Phil Adderley	Erme Valley Harriers	M	24.10
59	62	Richard Carton	Plymstock Road Runners	M	24.17
60	61	Oli Jones		M	24.37
61	147	Christopher Marcol		M	24.51
62	95	Kellie Boylin	Plymouth Harriers	F	25.00
63	4	Charlie Crocker		M	25.18
64	46	David Shalders	Plymouth Harriers	M	25.22
65	162	Lisa Birch	Bere Alston Trekkers	F	25.24
66	140	Aaron Sweet		M	25.26
67	165	Chloe Hoatson	Plymouth Musketeers	F	25.28
68	158	Matt Vosper	Plymouth Musketeers	M	25.29
69	71	Lesley Maclaren		F	25.34
70	124	Nancey Walker		F	25.35
71	131	Martin Stewart		M	25.44
72	142	Brett Leacher		M	25.48
73	141	Daniel Richards		M	25.49
74	14	Ruth Terry	Erme Valley Harriers	F	25.50
75	100	Phil Bees	Plymouth Musketeers	M	25.54
76	41	Helen Perry-Smith	Plymouth Coasters	F	26.02
77	164	Lisa Light	Plymouth Musketeers	F	26.06
78	106	Rodney Hillebrandt	Plymouth Musketeers	M	26.13
79	122	Rory Quinn		M	26.17
80	35	JonnyMac		M	26.23
81	149	Sean Hallows		M	26.24
82	139	Paul Newitt		M	26.31
83	84	Simon Pepper		M	26.41
84	42	Katie Chambers		F	26.55
85	81	Carol Hansen	Erme Valley Harriers	F	27.05
86	51	Andrew Mumford		M	27.16
87	163	Nick McMahon	Erme Valley Harriers	M	27.24
88	101	Graeme Buckman		M	27.28
89	72	Debbie Marshall	St Austell RC	F	27.29
90	153	Rachel Nicholls		F	27.35
91	129	Paul Creed		M	27.50
92	118	Poppy Groom		F	27.57
93	174	Richard Bays		M	28.14
94	132	Abbie James		F	28.22
95	154	Georgina Grundy	Erme Valley Harriers	F	28.23
96	50	Natalie Dorney		F	28.26
97	97	Sara Cooksley	Plymouth Harriers	F	28.27
98	137	Maria Clarke		F	28.28
99	117	David Salvage	Tamar Trotters	M	28.35
100	54	George Barnicott	Plymouth Coasters	M	28.37
101	37	Stanley Kellett	Plymouth Musketeers	M	28.40
102	130	Emma Wavish		F	28.46
103	152	Kyla Ryder		F	29.01
104	39	Jack Kellett	Plymouth Musketeers	M	29.03
105	110	Keith Rees		M	29.06

106	59	Karen Lawson	Plymstock Road Runners	F	29.10
107	73	Lucy Jewels	St Austell RC	F	29.12
108	166	Matthew Wood	Bere Alston Trekkers	M	29.14
109	87	Dan Adderley	Erme Valley Harriers	M	29.16
110	99	Anna Leitch	Tamar Trotters	F	29.17
111	170	Tom Barker		M	29.18
112	85	Robert Shaddick		M	29.19
113	43	George Boges		M	29.23
114	40	Robyn Snell		F	29.24
115	32	Sally Johnston	Tamar Trotters	F	29.48
116	66	Jennifer Oatway	Plymouth Harriers	F	29.49
117	134	Alison James	Plymouth Musketeers	F	29.51
118	93	Brenda Thorne	Instinctive Sport	F	29.55
119	121	Shelly Jones	Storm Plymouth	F	30.00
120	119	Mark Rescorl	Tamar Trotters	M	30.16
121	57	Katie Durrell	Plymouth Coasters	F	30.29
122	155	Debbie Trenchard		F	30.39
123	92	Dave Connell	Plymouth Harriers	M	30.45
124	133	Harry James		M	30.51
125	173	Shannon Bays	Plymouth Coasters	F	31.08
126	144	Lisa Armstrong		F	31.10
127	148	Susan Rich	Plymouth Musketeers	F	31.12
128	145	Davina Outtram		F	31.18
129	16	Louise King	Plymouth Musketeers	F	31.19
130	13	Bryan King	Plymouth Musketeers	M	31.21
131	103	Elizabeth Buckman	Plymouth Musketeers	F	31.23
132	56	Nicola Aindow	Plymstock Road Runners	F	31.27
133	44	Lisa Burnham	Plymouth Harriers	F	31.30
134	45	Louise Shalder	Plymouth Harriers	F	31.32
135	105	Julie Board	Plymouth Harriers	F	32.48
136	36	Justine Armstrong	Tamar Trotters	F	32.51
137	150	Emma Green		F	32.53
138	151	Natalie Green		F	33.01
139	160	Valerie Stephens		F	33.10
140	49	Melanie Pedrick	Plymouth Harriers	F	33.50
141	17	Paul Paskins	Plymouth Harriers	M	34.48
142	7	Stephen Hodgins		M	34.49
143	3	Christine Hiron		F	34.53
144	107	Sam Martin	Plymouth Musketeers	F	34.54
145	108	Gary Martin	Plymouth Musketeers	M	35.55
146	136	Katie Edwards		F	35.54
147	127	Tanisha Brandon	Storm Plymouth	F	36.35
148	126	Kathryn Weaver-Gore	Plymouth Musketeers	F	36.36
149	70	Tracey Hayton	Plymouth Musketeers	F	36.47
150	82	Jenny Hornibrook	Storm Plymouth	F	36.51
151	78	Lynn Jones	Plymouth Musketeers	F	37.17
152	67	Lisa Parr	Plymouth Harriers	F	37.30
153	58	Abigail Durrell		F	37.43
154	176	Dave Pitcher	Tamar Trotters	M	38.01
155	86	Lisa Austin		F	41.24
156	114	Nikki Richardson		F	41.32
157	113	Sara Alcock	Plymouth Harriers	F	41.49
158	55	Courtney Nettleship		F	44.16