

Armada Grand Prix 2019

Name	Surname	Club	Category
Mat	Penry	Plymouth Musketeers	SM
Stephen	Williams	Plymouth Harriers	SM
Kevin	Peart	Plymouth Harriers	M45
Nicola	Lilley	Plymouth Harriers	F40
Richard	Atkinson	Plymouth Harriers	M50
Chris	Kelley	Plymouth Harriers	M50
Jim	Andrews	Plymouth Musketeers	M55
Rodney	Hillebrandt	Plymouth Musketeers	M70
Deborah	Cornish	Storm Plymouth	F50
Kevin	Martin	Storm Plymouth	SM
Jemma	Davies	Storm Plymouth	F35
Lynn	Low	Plymouth Musketeers	F55
Sarah-Jane	Sinclair	Plymouth Musketeers	F45
Edward	Horn	Launceston RR	SM
Darren	Evans	Launceston RR	SM
Jack	Arundel	Storm Plymouth	SM
Justin	Frost	Plymouth Musketeers	M40
Daniel	Baugh	Storm Plymouth	SM
Michael	Tossell	Storm Plymouth	SM
Lee	Herbert	Plymouth Musketeers	M40
Andrew	Charles	Plymouth Harriers	M55
David	Kilgore	Storm Plymouth	M40
Matthew	Grzenda	Plymouth Musketeers	M40
Anthony	Firth	Tamar Trotters	M50
Kevin	Baskott	Tamar Trotters	M50
Daniel	Case	Plymouth Musketeers	SM
Andrew	Marshall	Plymouth Harriers	M55
Damian	Dunne	Plymouth Musketeers	M45
Kathryn	Weaver-Gore	Plymouth Musketeers	F55
David	Church	Erme Valley Harriers	M40
Alan	MacAuley	Tamar Trotters	M50
Peter	Bazley	Tavistock AC	M60
Ken	Summers	Erme Valley Harriers	M65
Andrew	Bees	Plymouth Musketeers	SM
Phillip	Heath	Plymouth Musketeers	M45
David	Lloyd	Erme Valley Harriers	M50
Lynsey	Williams	Plymouth Harriers	F50
Colin	Palmer	Storm Plymouth	SM
Jemma	Bowden	Storm Plymouth	F35
Martin	Head	Bere Alston Trekkers	M50
Chris	Whipp	Plymouth Musketeers	M50

Tavi 13	
Pos	Points
24	477
33	468
28	473
32	469
44	457
57	444
71	430
58	443
64	437
63	438
66	435
97	404
95	406
2	499
4	497
6	495
9	492
20	481
17	484
18	483
13	488
147	354
41	460
26	475
42	459
42	459
31	470
34	467
60	441
56	445
37	464
62	439
43	458
76	425

Ivybridge 10K	
Pos	Points
30	471
35	466
47	454
53	448
58	443
68	433
66	435
109	392
112	389
134	367
116	385
162	339
180	321
7	494
9	492
10	491
14	487
17	484
12	489
26	475
20	481
16	485
22	479
19	482
27	474
29	472
316	185
34	467
42	459
37	464
52	449
56	445
44	457
67	434

Bere Pen 10K	
Pos	Points
17	484
15	486
20	481
19	482
21	480
27	474
32	469
34	467
40	461
22	479
41	460
51	450
55	446
2	499
3	498
5	496
7	494
11	490
6	495
13	488
12	489
14	487
84	417
18	483
23	478
24	477
29	472
36	465
43	458

Overall Pos	TOTAL
Grand Prix Points	
1	1432
2	1420
3	1408
4	1399
5	1380
6	1351
7	1334
8	1302
9	1287
10	1284
11	1280
12	1193
13	1173
14	998
15	995
16	989
17	988
18	985
19	977
20	976
21	970
21	970
23	969
23	969
25	968
26	965
27	962
28	959
29	956
30	943
31	942
32	937
33	936
34	934
35	916
36	913
37	910
38	909
39	896
40	892
41	883

Richard	Lane	Erme Valley Harriers	M45
Gary	Bishop	Plymouth Harriers	M45
Lindsay	Lane	Erme Valley Harriers	F40
Anthony	Shearer	Tavistock AC	M65
Andrew	Martin	Tavistock AC	M50
Paul	Caulfield	Tamar Trotters	M55
Steve	Bush	Plymouth Musketeers	M45
Trevor	Williams	Tamar Trotters	M55
Richard	Nettleship	Tavistock AC	M50
Jim	Medhurst	Bere Alston Trekkers	M40
Kelvin	Coker	Storm Plymouth	SM
Damon	Bruce	Storm Plymouth	M40
Amanda	Dow	Tamar Trotters	F35
Tanya	Argue	Bere Alston Trekkers	F45
Gary	Martin	Plymouth Musketeers	M45
Carol	Hansen	Erme Valley Harriers	F55
Simon	Warner	Storm Plymouth	M45
Emma	Dunne	Plymouth Musketeers	F40
Katie	Blackwood	Storm Plymouth	SF
Rose	Harvie	Plymouth Harriers	SF
Richard	Hick	Plymouth Musketeers	M40
Rachel	Kilpatrick	Plymouth Harriers	F40
Dean	Cornish	Tamar Trotters	M45
Julie	Page	Bere Alston Trekkers	F45
Anne	Marshall	Plymouth Harriers	F55
Jennifer	Dyer	Plymouth Harriers	F35
Alice	Robinson	Plymouth Harriers	SF
Darren	Williams	Plymouth Musketeers	M45
Debbie	Ashton	Bere Alston Trekkers	F45
Paul	Ashton	Bere Alston Trekkers	M50
John	Smith	Tamar Trotters	M60
Sharon	Dunridge	Plymouth Musketeers	F40
Paul	Whitmore	Storm Plymouth	SM
Paula	Smerdon	Tavistock AC	F40
Sarah	Prior	Tavistock AC	F45
Sally	Johnston	Tamar Trotters	F55
Dawn	Dixon	Storm Plymouth	F40
Natasha	Hingston	Bere Alston Trekkers	F45
Richard	Best	Plymouth Musketeers	M45
Shaun	Hingston	Bere Alston Trekkers	M40
Antony	Harwood	Plymouth Musketeers	M45
Samantha	Mansfield	Tamar Trotters	F50
Kirsty	Down	Tamar Trotters	SF
Suzanne	Vosper	Plymouth Musketeers	F40
Natalie	Harrison	Storm Plymouth	F50
Heidi	Bishop	Plymouth Harriers	F35

83	418
45	456
78	423
48	453
70	431
65	436
101	400
50	451
49	452
39	462
110	391
55	446
86	415
122	379
21	480
75	426
80	421
140	361
92	409
136	365
84	417
91	410
128	373
96	405
103	398
104	397
111	390
100	401
107	394
115	386
113	388

75	426
93	408
88	413
80	421
94	407
65	436
89	412
76	425
113	388
102	399
110	391
121	380
117	384
130	371
131	370
128	373
97	404
177	324
125	376
124	377
127	374
139	362
138	363
181	320
165	336
114	387
198	303
199	302
166	335
201	300
174	327
175	326
172	329
183	318
176	325
170	331
223	278
229	272
191	310

37	464
44	457
30	471
38	463
35	466
47	454
33	468
50	451
52	449
46	455
45	456
49	452
76	425
77	424
85	416
54	447
73	428
61	440
62	439
63	438
65	436
64	437

42	882
42	882
44	880
45	879
46	876
47	874
48	873
49	867
50	866
51	861
52	856
53	851
54	850
55	843
56	842
57	840
58	839
59	827
60	822
61	819
61	819
63	804
63	804
65	802
66	798
67	785
68	783
69	781
70	779
71	773
72	767
73	764
74	760
75	743
76	741
77	740
78	738
79	725
80	723
81	719
81	719
81	719
84	717
85	714
86	709
87	698

Dawn	Childs	Storm Plymouth	F45
Helen	Childs	Storm Plymouth	F45
Bryan	King	Plymouth Musketeers	M65
Lisa	Rosewarne	Storm Plymouth	F50
Maggie	Bunting	Tamar Trotters	F50
Dominika	Nawalany	Bere Alston Trekkers	F35
Louise	King	Plymouth Musketeers	F50
Helen	Ralph	Tamar Trotters	F55
Jane	Martin	Tavistock AC	F55
Heather	French	Bere Alston Trekkers	F45
Lorraine	Giles	Storm Plymouth	F60
Kate	Larcombe	Storm Plymouth	F50
Kim	Watkins	Storm Plymouth	F45
Gill	Case	Plymouth Musketeers	F55
Hazel	Bickley	Bere Alston Trekkers	F45
Jennifer	Oatway	Plymouth Harriers	F35
Becky	Lewis-Clark	Storm Plymouth	F50
Jilaine	Andrews	Storm Plymouth	F45
Tracy	Watkiss	Plymouth Musketeers	F45
Amy	Dymond	Plymouth Harriers	SF
Nicky	Harrop	Plymouth Musketeers	F45
Ann	Foster	Tamar Trotters	F70
Lisa	Parr	Plymouth Harriers	F45
Cathryn	Bonney	Storm Plymouth	F40
Jemma	Curtis	Storm Plymouth	SF
Hilary	Head	Bere Alston Trekkers	F55
Becki	Lane	Storm Plymouth	F45
John	Cooper	Plymouth Harriers	SM
Graham	Bale	Plymstock RR	M50
Sam	Yearling	Plymouth Harriers	SM
James	Blight	Tamar Trotters	SM
Raymond	Tew	Plymouth Harriers	M45
Steve	Strachan	Storm Plymouth	M40
Rebecca	Ezra	Tamar Trotters	SF
David	Shepherd	Plymouth Musketeers	SM
Mike	Wall	Plymouth Musketeers	SM
Stephen	Burnett	City of Plymouth AC	M55
Ross	Perkins	Storm Plymouth	SM
Jon	Scott	Plymouth Harriers	SM
Tom	Pitcher	Tamar Trotters	SM
Jodi	Fisk	Tavistock AC	F35
Samantha	Lake	Tavistock AC	F40
Emma	Baker	Launceston RR	SF
James	Armstrong	Tavistock AC	SM
Thomas	Jones	Plymstock RR	SM
Peter	Clarke	Tamar Trotters	M40

127	374
89	412
124	377
126	375
79	422
130	371
132	369
145	356
137	364
133	368
129	372
142	359
146	355
1	500
3	498
5	496
7	494
8	493
10	491
11	490

256	245
257	244
200	301
272	229
252	249
218	283
217	284
264	237
273	228
231	270
291	210
281	220
280	221
290	211
232	269
278	223
288	213
292	209
233	268
308	193
261	240
267	234
319	182
328	173
298	203
286	215
325	176
1	500
2	499
3	498
4	497
5	496
6	495
8	493
11	490

67	434
66	435
69	432
71	430
70	431
80	421
81	420
72	429
86	415
79	422
82	419
87	414
88	413
90	411
1	500
8	493
9	492
10	491

88	679
88	679
90	675
91	661
91	661
93	660
94	659
94	659
96	658
97	641
97	641
97	641
97	641
101	640
102	638
102	638
104	635
105	628
106	624
107	607
108	604
109	602
110	595
111	584
112	575
113	574
114	531
115	500
115	500
115	500
115	500
118	499
119	498
119	498
121	497
122	496
122	496
124	495
125	494
126	493
126	493
126	493
126	493
129	492
130	491
130	491
132	490
132	490

Matthew	Stringer	Launceston RR	SM
Steven	Mahoney	Tamar Trotters	SM
Russell	Mogridge	Erme Valley Harriers	M55
Martin	French	Plymouth Musketeers	M45
David	Harris	Tavistock AC	M55
Justin	Smith	Plymouth Harriers	M40
Steve	Baker	Tamar Trotters	M60
Lee	Herbert	Plymouth Musketeers	M40
Matt	Caves	Tamar Trotters	SM
Sarah	Hirons	Erme Valley Harriers	F35
Guy	Petersen	Tamar Trotters	M50
Mike	Gilbert	Launceston RR	SM
Stephen	Cox	Launceston RR	M45
Ian	Collacott	Tavistock AC	SM
Mark	Cullerton	Plymouth Musketeers	M45
Mark	Bolt	Plymstock RR	M40
Elyse	Kedzior-Macdonough	Tavistock AC	SF
Nicole	Heryet	Tavistock AC	F45
Andy	Newcombe	Erme Valley Harriers	M40
Fiona	Montague	Tamar Trotters	F40
Stephen	MacE	Plymouth Musketeers	M55
Simon	Todd	Plymouth Harriers	M50
Adrian	Berry	Tamar Trotters	M45
William	Lewis	Plymouth Musketeers	SM
Patrick	MacDonough	Tavistock AC	M40
Alison	Engledew	Erme Valley Harriers	F60
John	Murray	Plymouth Harriers	M40
David	Shalders	Plymouth Harriers	SM
Jenny	Mills	Launceston RR	F65
Hannah	Walters	Erme Valley Harriers	SF
Joe	Brooks	Tamar Trotters	M45
Chris	Anthony	Bere Alston Trekkers	SM
Matt	Harries	Tamar Trotters	SM
Richard	Wiffill	Storm Plymouth	M45
Kate	Medlicott	Erme Valley Harriers	F50
Ben	Jarram	Launceston RR	SM
Kevin	Chiswell	Storm Plymouth	M55
Stuart	Brooks	Storm Plymouth	SM
Helen	Kula-Przewanski	Tavistock AC	F55
Jason	Childs	Plymouth Musketeers	M45
Mark	Jones	Plymouth Harriers	M40
Louisa	Shaw	Launceston RR	F35
Stuart	Queen	Plymouth Musketeers	M45
Steven	Bullen	Tamar Trotters	M45
Dean	Barrett	Tamar Trotters	M50
Michael	Hanson	Erme Valley Harriers	M60

12	489
14	487
15	486
16	485
19	482
22	479
23	478
25	476
27	474
29	472
30	471
35	466
36	465
38	463
40	461
46	455
47	454

13	488
15	486
17	484
18	483
21	480
23	478
24	477
25	476
28	473
31	470
32	469
33	468
36	465
38	463
39	462
40	461
41	460
43	458
45	456
46	455
48	453

16	485
17	484
18	483
25	476
26	475
28	473
31	470
39	462
42	459
48	453

134	489
135	488
136	487
137	486
137	486
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139	485
141	484
142	483
143	482
144	480
145	479
146	478
146	478
148	477
149	476
149	476
149	476
152	475
153	474
154	473
154	473
156	472
157	471
158	470
158	470
160	469
161	468
162	466
163	465
163	465
165	463
165	463
167	462
167	462
169	461
169	461
171	460
172	459
173	458
174	456
175	455
175	455
177	454
178	453
178	453

Katie	Baldwin	Plymouth Musketeers	SF
Gary	Pope	Plymouth Musketeers	M45
Mark	Lancaster	Launceston RR	SM
Peter	Henderson	Storm Plymouth	SM
Gary	Brooks	Tamar Trotters	M50
Mike	Jones	Tamar Trotters	M45
Danielle	James	Tavistock AC	F35
Clare	Munro	Bere Alston Trekkers	F40
Kevin	Tucker	Storm Plymouth	SM
Gary	Allbutt	Plymouth Musketeers	M50
Kim	Beattie	Tavistock AC	F35
Sarah	Robinson	Plymouth Musketeers	F40
Gary	Albon	Tavistock AC	M55
Trevor	Grigg	Tavistock AC	M60
Kris	Jones	Plymouth Musketeers	SM
Edward	Buckingham	Tamar Trotters	M45
Kayleigh	Baugh	Storm Plymouth	SF
Cris	Peck	Tamar Trotters	M50
David	Engledew	Erme Valley Harriers	M55
Scott	Johnstone	Plymouth Musketeers	SM
Stuart	Riley	Plymouth Musketeers	M45
Michael	Hughes	Storm Plymouth	M55
Brian	Kirkland	Tamar Trotters	M55
Matthew	Golding	City of Plymouth AC	M40
Nick	McMahon	Erme Valley Harriers	M60
Laura	Wills	Plymstock RR	F35
Dene	Medland	Tavistock AC	F55
Stephen	Cooksley	Plymstock RR	M50
Stephen	Leonard	Plymstock RR	M50
Jenny	Kumah	Plymouth Musketeers	F40
Steven	Laity	Plymouth Harriers	SM
Lisa	Birch	Bere Alston Trekkers	F50
Terry	Bartlett	Plymouth Harriers	M55
Andy	Cowden	Bere Alston Trekkers	M55
Paul	Marshall	Tavistock AC	M65
Holly	Higgs	Bere Alston Trekkers	SF
Andrew	Bennett	Plymouth Harriers	M55
Penny	Hadfield-Bennett	Plymouth Harriers	F45
Sharon	Beckenkrager	Plymouth Harriers	F45
Paul	Kennelly	Instinctive Sports	M50
Claire	Davidson	Tamar Trotters	F50
Martin	Scoble	Plymouth Musketeers	M45
Helen	Parker	Plymouth Harriers	F35
Miranda	Burke	Plymouth Harriers	F50
Leila	Matthews	Plymouth Musketeers	F40
Jenny	Smith	Tamar Trotters	F40

51	450
52	449
53	448
54	447
59	442
61	440
67	434
68	433
69	432
72	429
73	428
74	427
77	424
81	420

49	452
50	451
51	450
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57	444
59	442
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62	439
63	438
64	437
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70	431
71	430
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73	428
74	427
77	424
78	423
79	422
81	420

53	448
56	445
57	444
58	443
59	442
60	441
68	433
74	427
75	426
78	423

180	452
181	451
182	450
182	450
184	449
185	448
185	448
187	447
187	447
189	446
190	445
191	444
191	444
193	443
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210	430
211	429
211	429
213	428
213	428
215	427
215	427
215	427
218	426
219	424
219	424
221	423
221	423
223	422
224	420
224	420

Janie	Buckley	Plymouth Harriers	F45
Paul	Hyde	Storm Plymouth	SM
Rebecca	Scott	Storm Plymouth	F40
Philippa	Davey	Plymouth Musketeers	F50
Tracey	Evans	Storm Plymouth	F45
Charlotte	Carvell	Plymouth Musketeers	F40
Arlene	Powell	Tamar Trotters	F35
Donna	Mee	Tamar Trotters	SF
Paul	Martin	Bere Alston Trekkers	M55
Suzanne	Paul	Storm Plymouth	F45
Joanna	Wood	Tamar Trotters	F40
Kerstina	Thorne	Storm Plymouth	F45
Richard	Carter	Plymstock RR	M50
Wes	Wells	Tamar Trotters	SM
Georgie	Farr	Storm Plymouth	SF
Lai-Yin	Wong	Plymouth Musketeers	F45
Richard	Morton	Tamar Trotters	M65
John	Barnes	Launceston RR	M55
Rebecca	Fryer	Tamar Trotters	F50
Glen	Baird	Storm Plymouth	M45
Lyn	Harris	Plymouth Musketeers	F50
Jon	Rowsell	Bere Alston Trekkers	SM
Jeremy	Clark	Plymstock RR	M55
Ralph	Elmes	Bere Alston Trekkers	M70
Fiona	Phelps	Tamar Trotters	F50
James	Newman	Plymouth Musketeers	SM
Tracey	Cullerton	Plymouth Musketeers	F45
Nicola	Fowler	Storm Plymouth	F35
Fred	Jenkins	Instinctive Sports	M55
Kellyann	Rahman	Storm Plymouth	F35
Dawn	Lamerton	Plymstock RR	F55
Brigitte	Taverna	Plymstock RR	F40
Steve	Davis	Bere Alston Trekkers	M60
Brad	Harrison	Plymouth Musketeers	M40
Ethan	Cullerton	Plymouth Musketeers	SM
Matt	Haisman	Launceston RR	M50
Emma	Webber	Tavistock AC	F35
Jackie	Gay	Launceston RR	F50
David	McCarthy	Storm Plymouth	SM
Ben	Saul	Bere Alston Trekkers	M45
Holly	Hart	Erme Valley Harriers	SF
Jodie	Hawkins	Storm Plymouth	F35
Amanda	Gibbs	Plymstock RR	F35
David	Pearson	Plymstock RR	M65
Samantha	Harte-Latremouille	Bere Alston Trekkers	F40
Paul	Worsfold	Plymstock RR	M60

82	419
85	416
87	414
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118	383

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101	400
103	398
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105	396
106	395
107	394
108	393
111	390
115	386
118	383

83	418
89	412
91	410

226	419
226	419
228	418
228	418
230	417
231	416
231	416
233	415
234	414
234	414
236	413
237	412
238	411
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242	409
243	408
244	407
245	406
246	405
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247	403
249	402
249	402
251	401
252	400
253	399
254	398
255	397
256	396
256	396
258	395
258	395
260	394
261	393
261	393
263	392
264	390
265	389
266	387
267	386
268	385
269	384
270	383
270	383

