



Armada Network 3K Winter Series

(UKA license TBC)

Do you want to get faster, or just complete the distance for the first time? This event is for you. All abilities are welcome from top athletes to beginners.

We are once again putting on a series of 3K races throughout the winter months over a measured accurate traffic free 3km (approx 2 miles) course in Central Park Plymouth.

Race dates: Wednesday 9th October 2019
 Wednesday 13th November 2019
 Wednesday 11th December 2019
 Wednesday 8th January 2020
 Wednesday 12th February 2020
 Wednesday 11th March 2020

Run will start at 7pm (please register by 6.30pm)

Registration and changing at the new community hub
Entry fees are just £2.50 for all runners. There are no prizes or medals.

All entries on the night – no pre entry.
Min age 11 years (on the day)

For further details call Keith Reed, on 01752 893573 or
07934373943