

Anthony	Firth	Tamar Trotters	M50	17	484	16	485											140	969	969	
Mark	Cullerton	Plymouth Musketeers	M45			24	477				12	489							141	966	966
Sarah	Hirons	Erme Valley Harriers	F35	19	482														142	965	965
Ian	Collacott	Tavistock AC	SM			23	478						18	483					143	963	963
Andrew	Marshall	Plymouth Harriers	M55	13	488	27	474						16	485					144	962	962
Jason	Shipton	Launceston RR	M45																145	960	960
Adrian	Berry	Tamar Trotters	M45	29	472														146	960	960
Joe	Brooks	Tamar Trotters	M45			36	465												147	955	955
Matt	Harries	Tamar Trotters	SM			38	463												148	946	946
Stuart	Queen	Plymouth Musketeers	M45			46	455												149	945	945
Jason	Childs	Plymouth Musketeers	M45			43	458				17	484							150	942	942
Alan	MacAuley	Tamar Trotters	M50	26	475	34	467												150	942	942
Dean	Barrett	Tamar Trotters	M50			48	453												152	938	938
Ken	Summers	Erme Valley Harriers	M65	42	459														153	936	936
Lynn	Johns	Storm Plymouth	F45			326	175												154	932	932
Cathryn	Bonney	Storm Plymouth	F40			327	174												155	930	930
Matthew	Stringer	Launceston RR	SM	12	489														156	928	928
Edward	Buckingham	Tamar Trotters	M45			59	442												157	927	927
Peter	Henderson	Storm Plymouth	SM			51	450												158	922	922
Michael	Hughes	Storm Plymouth	M55			62	439												159	919	919
Phillip	Heath	Plymouth Musketeers	M45	34	467	52	449												160	916	916
Alison	Engledew	Erme Valley Harriers	F60																161	914	914
Lynsey	Williams	Plymouth Harriers	F50	56	445														162	910	910
Derek	Hicks	Bere Alston Trekkers	M60																163	905	905
Rachel	Bullock	Tamar Trotters	F40																164	897	897
Leila	Matthews	Plymouth Musketeers	F40			81	420												165	886	886
Chris	Whipp	Plymouth Musketeers	M50	76	425														166	883	883
Michelle	Jones	Storm Plymouth	F45																167	876	876
Chloe	Hoatson	Plymouth Musketeers	F35																167	876	876
Paul	Caulfield	Tamar Trotters	M55	48	453	80	421												169	874	874
Rebecca	Scott	Storm Plymouth	F40			83	418												170	870	870
Arlene	Powell	Tamar Trotters	F35	85	416														171	869	869
Wes	Wells	Tamar Trotters	SM	90	411														172	867	867
Richard	Nettleship	Tavistock AC	M50			89	412												173	866	866
Laura	Wills	Plymstock RR	F35	68	433														174	860	860
Lisa	Light	Plymouth Musketeers	F55																175	859	859
Paul	Youngman	Plymouth Musketeers	M60																176	852	852
John	Barnes	Launceston RR	M55	92	409														177	850	850
Amanda	Dow	Tamar Trotters	F35	50	451	102	399												177	850	850
Gary	Martin	Plymouth Musketeers	M45	39	462	121	380												179	842	842
Kayleigh	Baugh	Storm Plymouth	SF																179	842	842
Summer	Runner	Storm Plymouth	F35																181	838	838
Philip	Jinks	Plymouth Harriers	M45																182	833	833
Geoffrey	Honey	Plymouth Harriers	M60																183	826	826
TJ	Salter	Storm Plymouth	F35	122	379														184	821	821
Rose	Harvie	Plymouth Harriers	SF	55	446	127	374												185	820	820
Karen	Ryan	Tamar Trotters	F40	138	363														186	815	815
Rachel	Kilpatrick	Plymouth Harriers	F40	121	380														187	805	805
Dean	Cornish	Tamar Trotters	M45	21	480	176	325												187	805	805
Anne	Marshall	Plymouth Harriers	F55	80	421	124	377												189	798	798
Andy	Easton	Storm Plymouth	M60	151	350														190	786	786
Steve	Pittaway	Plymstock RR	M45			142	359												191	785	785
Alan	Hockings	Plymouth Musketeers	M45			155	346												192	783	783
Sam	Freeman	Storm Plymouth	SM			156	345												193	781	781
Melissa	Pinfield	Bere Alston Trekkers	F45	124	377														194	770	770
Sara	Cooksley	Plymouth Harriers	F45			145	356												194	770	770
Claire	Herbert	Plymouth Musketeers	F45	118	383														194	770	770
Charlotte	Walton	Plymouth Harriers	F45			146	355												197	768	768
John	Smith	Tamar Trotters	M60			180	321												197	768	768
Sarah-Louise	Deakin	Tamar Trotters	SF			163	338												199	766	766
Sharon	Dunridge	Plymouth Musketeers	F40			164	337												200	765	765
Michelle	Cartlidge	Plymouth Harriers	SF			167	334												201	756	756
Paula	Brooks	Tamar Trotters	F45			185	316												202	754	754
Keith	Couling	Storm Plymouth	SM																203	747	747
Mike	Godfrey	Storm Plymouth	SM			177	324												204	741	741
Owain	Thomas	Plymouth Musketeers	M40			151	350												205	734	734
Louise	Sowden	Storm Plymouth	SF																206	729	729
Richard	Best	Plymouth Musketeers	M45	103	398	174	327												207	725	725
Antony	Harwood	Plymouth Musketeers	M45	99	402	182	319												208	721	721
Dona	Turner	Plymouth Musketeers	F40			211	290												208	721	721
Samantha	Mansfield	Tamar Trotters	F50	106	395	175	326												208	721	721
Raegan	Leather	Plymouth Musketeers	SF			210	291												211	720	720

Kirsty	Down	Tamar Trotters	SF	114	387	169	332												212	719	719
Suzanne	Vosper	Plymouth Musketeers	F40			222	279												213	715	715
Natalie	Harrison	Storm Plymouth	F50			228	273		65	436									214	710	710
Denise	James	Storm Plymouth	F55			208	293		64	437									215	706	706
Rich	Gunton	Storm Plymouth	M40			192	309				88	413							216	702	702
Joshua	McGrath	Storm Plymouth	SM			224	277				108	393							217	701	701
Heidi	Bishop	Plymouth Harriers	F35	112	389	190	311												218	700	700
Helen	Ambrose	Storm Plymouth	F45	149	352														219	699	699
Carly	Bunston	Storm Plymouth	SF			212	289												220	693	693
Karen	Lawson	Plymstock RR	F45			218	283												221	685	685
Hayley	Alberts	Storm Plymouth	F55			215	286												222	683	683
Justine	Armstrong	Tamar Trotters	F50			246	255												222	683	683
Helen	Childs	Storm Plymouth	F45			256	245		66	435									224	680	680
Lisa	Burnham	Plymouth Harriers	F35			234	267												225	679	679
Suzanne	Tilley	Tamar Trotters	F35			223	278												226	676	676
Lisa	Rosewarne	Storm Plymouth	F50			271	230		69	432									227	662	662
Helen	Ralph	Tamar Trotters	F55	79	422	263	238												228	660	660
Louise	Shalders	Plymouth Harriers	F35			233	268												229	658	658
Jackie	Chapman	Launceston RR	F55			262	239												230	654	654
Nicola	Aindow	Plymstock RR	F45			247	254												231	653	653
Heather	French	Bere Alston Trekkers	F45	129	372	230	271												232	643	643
Jane	Dowrick	Storm Plymouth	F50			253	248												232	643	643
Julie	Board	Plymouth Harriers	F45			239	262												234	640	640
Becky	Lewis-Clark	Storm Plymouth	F50			287	214		79	422									235	636	636
Jilaine	Andrews	Storm Plymouth	F45			291	210		82	419									236	629	629
Tracy	Watkiss	Plymouth Musketeers	F45	144	357	232	269												237	626	626
Mel	Kingdom-Andrews	Plymouth Musketeers	F40			238	263												238	625	625
Louise	Horton	Storm Plymouth	SF			311	190												239	621	621
Angie	Smith	Storm Plymouth	F55			261	240												240	612	612
Patricia	Tabenor	Plymouth Harriers	F60			259	242												241	593	593
Dave	Pitcher	Tamar Trotters	M60			281	220												242	582	582
Jemma	Curtis	Storm Plymouth	SF	128	373	297	204												243	577	577
Helen	Dinham	Storm Plymouth	F45			301	200												244	573	573
Louise	Northey	Storm Plymouth	F40			306	195												245	560	560
Natalie	Wilkins	Storm Plymouth	F35			304	197												246	549	549
Becki	Lane	Storm Plymouth	F45	145	356	324	177												247	533	533
Sandra	Slaney	Plymouth Harriers	F60			321	180												248	530	530
Wendy	Oldham	Storm Plymouth	F60			319	182												248	530	530
Hollie	Baxter	Plymouth Harriers	SF			329	172												250	515	515
Matthew	Bradley	City of Plymouth AC	SM																251	500	500
John	Cooper	Plymouth Harriers	SM	1	500														251	500	500
Alex	Peyton-Jones	Plymouth Harriers	SM																251	500	500
Liam	Nicholls	Plymouth Harriers	SM																254	499	499
Steve	Strachan	Storm Plymouth	M40	3	498														255	498	498
Rob	Williams	Plymouth Harriers	SM																256	497	497
Scott	Mansfield	Plymouth Musketeers	M																257	496	496
David	Shepherd	Plymouth Musketeers	SM	5	496														257	496	496
Mike	Wall	Plymouth Musketeers	SM			5	496												257	496	496
Stephen	Burnett	City of Plymouth AC	M55			6	495												260	495	495
Jamie	Frost	Erme Valley Harriers	M																260	495	495
Richard	Lander Stow	Erme Valley Harriers	M40																262	493	493
Jon	Scott	Plymouth Harriers	SM	8	493														262	493	493
Tom	Pitcher	Tamar Trotters	SM			8	493												262	493	493
Jodi	Fisk	Tavistock AC	F35																262	493	493
Ami	Yetton	Plymouth Harriers	F35																266	492	492
Samantha	Lake	Tavistock AC	F40																266	492	492
Emma	Baker	Launceston RR	SF	10	491														268	491	491
Edward	Varcoe	Plymouth Harriers	SM																268	491	491
Kelvin	Wood	Tamar Trotters	M40																268	491	491
James	Armstrong	Tavistock AC	SM																268	491	491
Thomas	Kerr	Plymouth Harriers	M45																272	490	490
Thomas	Jones	Plymstock RR	SM			11	490												272	490	490
Peter	Clarke	Tamar Trotters	M40	11	490														272	490	490
Steven	Mahoney	Tamar Trotters	SM			13	488												275	488	488
Emma	Lake	Erme Valley Harriers	F																276	487	487
Russell	Mogridge	Erme Valley Harriers	M55	14	487														276	487	487
Martin	French	Plymouth Musketeers	M45	15	486														278	486	486
David	Harris	Tavistock AC	M55			15	486												278	486	486
Steve	Baker	Tamar Trotters	M60																280	485	485
Ricky	Bell	Plymouth Harriers	M																281	484	484
Christopher	Ball	Storm Plymouth	M40																281	484	484
Tom	Kerr	Plymouth Musketeers	M																283	483	483

Matt	Caves	Tamar Trotters	SM				18	483											283	483	483
Jenny	Bryant	Tavistock AC	F50																285	482	482
Martin	Hynes	Launceston RR	M65									19	482						285	482	482
Rachael	Tarrent	Plymouth Musketeers	F45																285	482	482
Chris	Mervyn	Storm Plymouth	M											19	482				285	482	482
Jonathan	Roberts	Launceston RR	M45																289	481	481
Guy	Petersen	Tamar Trotters	M50				21	480											290	480	480
Mike	Gilbert	Launceston RR	SM			22		479											291	479	479
Stephen	Cox	Launceston RR	M45			23		478											292	478	478
Carl	Green	Launceston RR	M40																292	478	478
Brian	Wiles	Launceston RR	M70										23	478					294	476	476
Mark	Bolt	Plymstock RR	M40			25		476					25	476					294	476	476
Nicole	Heryet	Tavistock AC	F45																294	476	476
Elyse	Kedzior-Macdonough	Tavistock AC	SF																294	476	476
Andy	Newcombe	Erme Valley Harriers	M40																298	475	475
Matt	Richards	Storm Plymouth	M																298	475	475
Matthew	Jackson	Plymouth Musketeers	SM																300	474	474
Stanley	Kellett	Plymouth Musketeers	M																300	474	474
Fiona	Montague	Tamar Trotters	F40			27		474											300	474	474
Stephen	MacE	Plymouth Musketeers	M55																303	473	473
Daz	Hocking	Storm Plymouth	M45																303	473	473
Mark	Thomas	Plymouth Harriers	M40																305	472	472
Jason	Shipton	Tavistock AC	M45																305	472	472
William	Lewis	Plymouth Musketeers	SM			30		471											307	471	471
Patrick	MacDonough	Tavistock AC	M40																308	470	470
Pawel	Szynanski	Launceston RR	M																309	469	469
John	Murray	Plymouth Harriers	M40																309	469	469
Louise	Marsland	Tamar Trotters	F40																311	466	466
Jenny	Mills	Launceston RR	F65			35		466											311	466	466
Hannah	Walters	Erme Valley Harriers	SF			36		465											313	465	465
Karen	Eccles	Plymouth Harriers	F55																314	464	464
Chris	Anthony	Bere Alston Trekkers	SM			38		463											315	463	463
Jaine	Hynes	Launceston RR	F50																315	463	463
Linda	Trebilcock	Plymouth Harriers	F60																315	463	463
Kate	Medlicott	Erme Valley Harriers	F50																318	462	462
Richard	Wiffill	Storm Plymouth	M45																318	462	462
Mary	Goodacre	Tamar Trotters	F65																320	461	461
Ben	Jarram	Launceston RR	SM			40		461											320	461	461
Lucy	Stoneman	Tamar Trotters	F																320	461	461
Phil	Adderley	Erme Valley Harriers	M40																323	460	460
Andy	Coyle	Storm Plymouth	SM																324	459	459
Helen	Kula-Przewanski	Tavistock AC	F55																324	459	459
Boylin	Kellie	Plymouth Harriers	F35																326	458	458
Claire	Winfield	Launceston RR	F50																327	457	457
Mark	Jones	Plymouth Harriers	M40																328	456	456
Anna	Lake	Erme Valley Harriers	F																329	455	455
Louisa	Shaw	Launceston RR	F35			46		455											329	455	455
Sarah	Worth	Launceston RR	F40																329	455	455
Anna	Luff	Tavistock AC	SF																329	455	455
Steven	Bullen	Tamar Trotters	M45			47		454											333	454	454
Alison	Whitford	Tavistock AC	M40																333	454	454
Michael	Hanson	Erme Valley Harriers	M60																335	453	453
James	Tucker	Plymstock Road Runners	M																335	453	453
Kellie	Boylin	Plymouth Harriers	F																337	452	452
Katie	Baldwin	Plymouth Musketeers	SF																337	452	452
Kelly	Sargent	Launceston RR	F40																339	451	451
Mark	Lancaster	Launceston RR	SM			51		450											340	450	450
Gary	Brooks	Tamar Trotters	M50			52		449											341	449	449
Bill	Christie	Plymstock Road Runners	M																342	448	448
Mike	Jones	Tamar Trotters	M45			53		448											342	448	448
Danielle	James	Tavistock AC	F35																342	448	448
Kevin	Tucker	Storm Plymouth	SM																345	447	447
Rebecca	Lee	Erme Valley Harriers	F																346	446	446
Gary	Allbutt	Plymouth Musketeers	M50																346	446	446
Kim	Beattie	Tavistock AC	F35																348	445	445
Mary	Roberts	Launceston RR	F45																349	444	444
Gary	Albon	Tavistock AC	M55																349	444	444
Nicholas	Horton	Storm Plymouth	SM																351	443	443
Kris	Jones	Plymouth Musketeers	SM			59		442											352	442	442
Dawn	Colton	Storm Plymouth	F40																352	442	442
David	Engledew	Erme Valley Harriers	M55																354	441	441
David	Mathams	Instinctive Sports	M55																354	441	441

Fred	Jenkins	Instinctive Sports	M55			103	398											428	398	398	
Ben	Bristow	Erme Valley Harriers	M																429	397	397
Dawn	Lamerton	Plymstock RR	F55	104	397									104	397				429	397	397
Kellyann	Rahman	Storm Plymouth	F35			104	397												429	397	397
Steve	Davis	Bere Alston Trekkers	M60	105	396														432	396	396
Brigitte	Taverna	Plymstock RR	F40			105	396												432	396	396
Brad	Harrison	Plymouth Musketeers	M40			106	395												434	395	395
Matt	Haisman	Launceston RR	M50	107	394														435	394	394
Ethan	Cullerton	Plymouth Musketeers	SM			107	394												435	394	394
Jennie	Callicott	Storm Plymouth	F40										107	394					435	394	394
Jackie	Gay	Launceston RR	F50	108	393														438	393	393
Emma	Webber	Tavistock AC	F35			108	393												438	393	393
Emma	Blunden	Storm Plymouth	SF											109	392				440	392	392
Michelle	Jonas	Bere Alston Trekkers	F35											111	390				441	390	390
Ben	Saul	Bere Alston Trekkers	M45	111	390														441	390	390
David	McCarthy	Storm Plymouth	SM			111	390												441	390	390
Holly	Hart	Erme Valley Harriers	SF	113	388														444	388	388
Amanda	Gibbs	Plymstock RR	F35	115	386														445	386	386
David	Pearson	Plymstock RR	M65	116	385														446	385	385
Bryan	Short	Erme Valley Harriers	M													117	384		447	384	384
Mark	Bullard	Plymouth Harriers	M40			119	382												448	382	382
Steven	Martin	Storm Plymouth	M50	119	382														448	382	382
Paul	Griffin	Instinctive Sports	M50			120	381												450	381	381
Travis	Trice	Plymouth Musketeers	M																450	381	381
Melissa	Burnett	Storm Plymouth	F45	120	381														450	381	381
Elizabeth	Buckman	Plymouth Musketeers	F40											122	379				453	379	379
Sam	Martin	Plymouth Musketeers	F45			122	379												453	379	379
Lucy	Jones	Plymouth Musketeers	F35			123	378												455	378	378
Michelle	Phillips	Storm Plymouth	F40											125	376				456	376	376
Natasha	Findlay	Plymouth Musketeers	F35			126	375												457	375	375
Vicki	McAteer	Storm Plymouth	F35											126	375				457	375	375
Claire	Hart	Plymouth Harriers	F																459	374	374
Kate	Youngs	Erme Valley Harriers	F													127	374		460	372	372
Sharon	Terry	Erme Valley Harriers	F													129	372		460	372	372
Denese	Betty	Instinctive Sports	SF			131	370									130	371		461	371	371
Miranda	Richie	Plymouth Musketeers	F50			132	369												462	370	370
Virginia	Compton	Storm Plymouth	F45																463	369	369
Lamorna	Southern	Tamar Trotters	SF	133	368									133	368				464	368	368
John	Mason	Launceston RR	M50	134	367														464	368	368
Karen	Young	Plymouth Harriers	SF			134	367												466	367	367
Caroline	Blackmore	Erme Valley Harriers	F													135	366		466	367	367
Neil	Brownridge	Storm Plymouth	M45			135	366												468	366	366
Samantha	Turner	Plymouth Musketeers	F50			136	365												470	365	365
Phil	Warren	Erme Valley Harriers	M													137	364		471	364	364
Sarah	Hawkins	Plymouth Musketeers	F35	137	364														471	364	364
Karin	Kattenhorn	Bere Alston Trekkers	F													138	363		473	363	363
Gill	Tucker	Storm Plymouth	F60											138	363				473	363	363
John	Ainsworth	Tamar Trotters	M50			139	362												475	362	362
Joanne	Jefford	Plymouth Musketeers	F40											140	361				476	361	361
Paul	Wakeford	Storm Plymouth	SM			140	361												476	361	361
Susan	Freemantle	Storm Plymouth	F40			141	360												478	360	360
Janet	Graham	Storm Plymouth	F45											141	360				478	360	360
Luke	Cameron	Plymouth Musketeers	SM	142	359														480	359	359
Hayley	Brant	Tavistock AC	F45			143	358												481	358	358
Jo	Bourton	Bere Alston Trekkers	F																482	357	357
Jan	Duke	Tamar Trotters	SM											145	356				483	356	356
Natalie	Williams	Storm Plymouth	F																484	355	355
John	Richie	Plymouth Musketeers	M45			147	354												485	354	354
Clare	Collings	Storm Plymouth	F													147	354		485	354	354
Tracey	Mudford	Storm Plymouth	F40	147	354														485	354	354
Mark	Bricknell	Plymstock RR	M55			148	353												488	353	353
Natasha	Head	Storm Plymouth	SF											148	353				488	353	353
Carly-Ann	Rose	Storm Plymouth	SF	148	353														488	353	353
David	Bent	Plymouth Harriers	M50			149	352												491	352	352
Christine	McGhee	Plymouth Harriers	F													149	352		491	352	352
Charlotte	Carlyle	Storm Plymouth	F40											150	351				493	351	351
Paul	Dyer	Storm Plymouth	M40			150	351												493	351	351
Caroline	Easton	Storm Plymouth	F55	150	351														493	351	351
Helen	Jinks	Plymouth Harriers	F													152	349		496	349	349
Sarah	McQuarry	Plymouth Harriers	F40			152	349												496	349	349
Linda	Mole	Plymouth Harriers	F40			153	348												498	348	348
Catherine	Pittaway	Plymstock Road Runner	F											153	348				498	348	348

Clare	Murray	Plymouth Harriers	F40			154	347													500	347	347	
Sue	Maffey	Plymstock Road Runners	F																		500	347	347
Sara	Alcock	Plymouth Harriers	F																		502	346	346
Simon	Ashfold	Moorhaven RC	M																		503	345	345
Louisa	Westlake	Storm Plymouth	F45																		504	344	344
Tim	Cuckston	Tavistock AC	M60			157	344			157	344										504	344	344
Karen	Walker	Storm Plymouth	F45			158	343														506	343	343
Dave	Dane	Plymstock Road Runners	M																		507	342	342
David	Salvage	Tamar Trotters	M65			159	342														507	342	342
Nina	Shillabeer	Plymstock Road Runners	F																		509	341	341
Dean	Rockey	Storm Plymouth	M50			160	341														509	341	341
Paul	Sweeney	Tamar Trotters	SM			162	339														511	339	339
Nigel	Relf	Storm Plymouth	M40			166	335														512	335	335
Barrie	Swift	Plymouth Harriers	M65			170	331														513	331	331
Jane	Southern	Storm Plymouth	F55			172	329														514	329	329
Jennifer	Collins	Storm Plymouth	F45			178	323														515	323	323
Debbie	Fryer	Plymouth Musketeers	F55			181	320														516	320	320
Codie	Wyett	Storm Plymouth	SF			183	318														517	318	318
Sally	Hills	Tamar Trotters	F55			184	317														518	317	317
Peter	Wafer	Storm Plymouth	M45			186	315														519	315	315
Jill	Rose	Plymstock RR	F55			187	314														520	314	314
Sarah	Cross	Plymstock RR	F45			188	313														521	313	313
Abbie	Craig	Storm Plymouth	SF			189	312														522	312	312
Simone	Grigg	Plymouth Harriers	SF			191	310														523	310	310
Linda	Tout	Tamar Trotters	F60			194	307														524	307	307
Vicky	Sibley	Plymouth Harriers	F35			202	299														525	299	299
Mark	Rescorl	Tamar Trotters	SM			205	296														526	296	296
Simon	Plumb	Plymouth Musketeers	M45			206	295														527	295	295
Rebecca	Antcliff-Hughes	Plymouth Harriers	SF			207	294														528	294	294
Tony	Lee	Plymouth Musketeers	M40			209	292														529	292	292
Leanne	Hartley	Plymouth Musketeers	F40			213	288														530	288	288
Brenda	Thorne	Instinctive Sports	F60			214	287														531	287	287
Paula	Galloway	Storm Plymouth	F50			220	281														532	281	281
Lesley	Thompson	Plymouth Musketeers	F45			225	276														533	276	276
Anita	Milbourn	Plymouth Musketeers	F50			226	275														534	275	275
Debbie	Sutcliffe	Instinctive Sports	F55			229	272														535	272	272
Laura	Beattie	Plymouth Harriers	SF			235	266														536	266	266
Carole	Wardle	Plymouth Musketeers	F60			237	264														537	264	264
Anita	Cawley	Tamar Trotters	F45			240	261														538	261	261
Shontelle	Jones	Storm Plymouth	SF			241	260														539	260	260
Jessicca	Pettitt	Plymouth Musketeers	SF			242	259														540	259	259
Beverley	Nation	Instinctive Sports	F55			243	258														541	258	258
Julie	Polglase	Tamar Trotters	F45			244	257														542	257	257
Karen	Goss	Instinctive Sports	F40			245	256														543	256	256
Neil	Demuth	Storm Plymouth	M40			248	253														544	253	253
Ash	Parsons	Storm Plymouth	SM			249	252														545	252	252
Stephen	Murch	Storm Plymouth	M55			250	251														546	251	251
Darren	Blenkinsop	Tamar Trotters	M45			252	249														547	249	249
Michelle	Oxley	Storm Plymouth	F50			257	244														548	244	244
Clare	Ainsworth	Tamar Trotters	F50			258	243														549	243	243
Odette	Roberts-Doyle	Storm Plymouth	F35			264	237														550	237	237
Jacquelyn	Faulkner	Plymstock RR	F40			265	236														551	236	236
Joanne	Welch	Storm Plymouth	F55			267	234														552	234	234
Beverley	Riley	Storm Plymouth	F55			268	233														553	233	233
Len	Saxty	Instinctive Sports	M65			269	232														554	232	232
Becky	Smith	Tamar Trotters	F35			270	231														555	231	231
Sarah	Earl	Tamar Trotters	F35			273	228														556	228	228
Rebecca	French	Tamar Trotters	F35			274	227														557	227	227
Fiona	Collihole	Storm Plymouth	F35			275	226														558	226	226
Denise	Broadbent	Tamar Trotters	F50			276	225														559	225	225
Rachel	Bailey	Storm Plymouth	F40			278	223														560	223	223
Graham	Anderson	Storm Plymouth	M50			284	217														561	217	217
Siwan	Wood	Storm Plymouth	F40			286	215														562	215	215
Robert	Low	Plymouth Musketeers	M60			288	213														563	213	213
Kate	Howard	Plymouth Musketeers	F60			292	209														564	209	209
Julie	Pascoe	Tamar Trotters	F50			293	208														565	208	208
Mark	Pascoe	Tamar Trotters	M55			294	207														566	207	207
Pippa	Waller	Storm Plymouth	F45			295	206														567	206	206
Angel	Kemp	Storm Plymouth	SF			298	203														568	203	203
Clare	Elliott	Plymouth Musketeers	F40			299	202														569	202	202
Susan	Farr	Storm Plymouth	F55			302	199														570	199	199
Carol	Freer	Storm Plymouth	F50			303	198														571	198	198

Andrea	Anstey	Storm Plymouth	F35			305	196											572	196	196	
Claire	Pethick	Plymouth Musketeers	F50			308	193												573	193	193
Sophia	Costas	Plymouth Musketeers	F45			309	192												574	192	192
Dana	Eyre	Plymouth Musketeers	F45			310	191												575	191	191
Rachel	Turner	Storm Plymouth	SF			312	189												576	189	189
Judy	Cuckston	Tavistock AC	F60			313	188												577	188	188
Paula	Turner	Storm Plymouth	F50			314	187												578	187	187
Emma	Curran	Tavistock AC	F45			316	185												579	185	185
James	Smith	Plymouth Musketeers	M40			317	184												580	184	184
Rosie	Shepherd	Storm Plymouth	SF			320	181												581	181	181
Cheri	Richards	Storm Plymouth	F35			322	179												582	179	179
Anita	Outlaw	Storm Plymouth	F40			323	178												583	178	178
Charlotte	Jones	Storm Plymouth	SF			325	176												584	176	176
Kayleigh	Osborne	Plymouth Harriers	SF			328	173												585	173	173
Mary	Dyer	Plymouth Harriers	F60			330	171												586	171	171
Leesa	Pethick	Plymouth Harriers	F45			331	170												587	170	170
Rebecca	Couch	Storm Plymouth	SF			332	169												588	169	169