

Winter 3K Series  
Central Park - Wednesday 9th October

<u>Pos.</u>	<u>Num.</u>	<u>Name</u>	<u>Club</u>	<u>M/F</u>	<u>Time</u>
1	59	Sam Yearling	Plymouth Harriers	M	9.55
2	2	Bart Thomas	Tavistock AC	M	10.06
3	60	Luke Gibbons		M	10.39
4	68	Graham Bale	Plymstock RR	M	10.46
5	36	Pete Waumsley	Storm Plymouth	M	11.06
6	72	Matthew Grzenda	Plymouth Musketeers	M	11.44
7	56	Christopher Wilson		M	11.46
8	20	Katrin Higginson	Bridgend AC	F	11.48
9	54	Damian Dunne	Plymouth Musketeers	M	11.53
10	58	James Scantlebury	Erme Valley Harriers	M	12.01
11	4	Thomas Kerr	Plymouth Musketeers	M	12.03
12	40	Daniel Case	Plymouth Musketeers	M	12.06
13	35	Connor Loton	Tamar Trotters	M	12.07
14	37	Pat MacDonough	Tavistock AC	M	12.12
15	1	Chris Hubble	Plymouth Musketeers	M	12.13
16	32	Jake Otter	Tamar Trotters	M	12.16
17	61	Guy Petersen		M	12.21
18	39	Elyse Kedzia-MacDonough	Tavistock AC	F	12.48
19	34	Henry Taylor	Tamar Trotters	M	12.55
20	64	Andy Bees	Plymouth Musketeers	M	13.24
21	50	Brendan Palmer	Storm Plymouth	M	13.34
22	57	Simon Ayres		M	13.38
23	13	Imogen Rickard	Tamar Trotters	F	13.56
24	63	Simon Webster		M	14.06
25	19	Oliver Brown	Tamar Trotters	M	14.15
26	33	Nicola Noble	Plymouth Harriers	F	14.16
27	70	Rowan Windrum	Tamar Trotters	F	14.21
28	53	Colin Miller		M	14.34
29	11	Phil Adderley	Erme Valley Harriers	M	14.40
30	69	James Newman		M	14.42
31	62	Heather O'Connell	Plymouth Musketeers	F	14.44
32	24	Simon Pepper		M	14.59
33	67	Paul Newitt		M	15.17
34	71	Katie Blackwood	Storm Plymouth	F	15.19
35	51	Emma Dunne	Plymouth Musketeers	F	15.22
36	43	Adrian Colwill	Plymouth University AC	M	15.29
37	55	Samantha Turner	Plymouth Musketeers	F	15.32
38	16	Abbie Chapman	Tamar Trotters	F	15.33
39	42	M Cookson		M	15.37
40	27	Dean Trice	Plymouth Musketeers	M	15.43
41	74	Jon Anderson		M	16.03
42	26	Travis Trice	Plymouth Musketeers	M	16.11
43	41	Rodney Hillebrandt	Plymouth Musketeers	M	16.14
44	3	Geoffrey Honey	Plymouth Harriers	M	16.22
45	12	Dan Adderley	Erme Valley Harriers	M	16.41

46	14	Laria Campbell	Tamar Trotters	F	16.55
47	17	Annett Rickard	Tamar Trotters	F	16.56
48	66	Maria Clarke		F	17.05
49	45	Lily Jefford	Tamar Trotters	F	18.51
50	49	Peter Jefford		M	18.52
51	18	Jane Brown		F	19.00
52	65	Susanna Campbell		F	20.03
53	29	Kathryn Weaver-Gore	Plymouth Musketeers	F	21.18
54	48	Lynn Jones	Plymouth Musketeers	F	21.28
55	7	Christine McGhee	Plymouth Harriers	F	21.56
56	44	Rachel Jowlett		F	22.22
57	73	Suzy Austin		F	24.07
58	25	Lisa Austin		F	24.07